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Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF PANABO CITY

DIVISION MEMORANDUM  
SGOD-2025- 0646

To: Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum Implementation Division

Attention: **Desiree Loren L. Barabat RN, MAN**  
Nurse II/ CARH Focal

Subject: **ATTENDANCE TO THE TRAINING OF TRAINERS FOR SELECTED ARH FOCALS AND GUIDANCE COUNSELORS TO EMPOWER LEARNERS ON SCHOOL-BASED PROGRAMS ON HIV AND TEENAGE PREGNANCY**


Date: November 5, 2025

Attached is Regional Memorandum No. ESSD-2025-330 dated November 3, 2025, entitled "**Attendance to the Training of Trainers for Selected ARH Focals and Guidance Counselors to Empower Learners on School-Based Programs on HIV and Teenage Pregnancy.**"

Anent this, identified participant to this training, **Desiree Loren L. Barabat, RN, MAN**, SDO Focal Person on Child and Adolescent Reproductive Health, is hereby directed to attend on **November 12-14, 2025 at DepEd Ecotech Center, Lahug, Cebu City.**

Travel and incidental expenses shall be charged against the downloaded funds/Division MOOE Funds while meals and accommodation are covered by the Central Office subject to the usual accounting and auditing rules and regulations.

For your guidance and compliance.

  
**JINKY B. FIRMAN, PhD, CESO VI**  
Schools Division Superintendent

Enclosed: as stated  
SGOD/aba/dllb

**RELEASED**

**NOV 06 2025**

RECORDS SECTION SDO PANABO CITY  
BY 



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Panabo City, Davao del Norte  
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Republic of the Philippines  
Department of Education  
DAVAO REGION

11/28/20156

November 3, 2025

REGIONAL MEMORANDUM  
ESSD-2025-330

ATTENDANCE TO THE TRAINING OF TRAINERS FOR SELECTED ARH FOCALS  
AND GUIDANCE COUNSELORS TO EMPOWER LEARNERS ON SCHOOL-  
BASED PROGRAMS ON HIV AND TEENAGE PREGNANCY

To: Schools Division Superintendents  
Panabo City and Davao de Oro  
Chief Education Supervisor, ESSD

1. Attached is a Memorandum from the Office of the Undersecretary for Governance and Operations dated October 3, 2025, regarding the Training of Trainers on Comprehensive School-Based Programs on HIV and Teenage Pregnancy on November 12 - 14, 2025, at DepEd Ecotech Center, Lahug, Cebu City.

2. The following are requested to attend the activity:

| Names                    | Designation           | Office                                                 |
|--------------------------|-----------------------|--------------------------------------------------------|
| Stephen Mark T. Castres  | Nurse - II/CARH Focal | ESSD                                                   |
| Desiree Loren L. Barabat | Nurse - II/CARH Focal | SDO - Panabo City                                      |
| Endera L. Villapaz       | Guidance Counselor I  | Lorenzo S. Sarmiento,<br>Sr. NHS/SDO - Davao<br>de Oro |

3. Travel and incidental expenses shall be charged against downloaded funds while meals and accommodation are covered by the Central Office subject to the usual accounting and auditing rules and regulations.

4. Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO  
Director

Encl.: As stated

ROE/smtc

DEPARTMENT OF EDUCATION RO:  
RECORDS SECTION  
RELEASED

By:   
Date:   
Time: Nov. 05, 2025  
11/28/20156





Republika ng Pilipinas  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION

DEPARTMENT OF EDUCATION ROX  
RECORDS SECTION

**RECEIVED**

By: 107 12/13  
Date: 24 OCT 2025 Time: 4:27

**MEMORANDUM**  
OM-OUGOPS-2025- 06-06430

**TO :** REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER  
ESSD and SGOD CHIEFS  
SCHOOLS DIVISION SUPERINTENDENTS  
SELECTED HEALTH PERSONNEL/ARH FOCALS  
SELECTED REGISTERED GUIDANCE COUNSELORS

**FROM :** **MALCOLM S. GARMA**  
Undersecretary for Governance and Operations

**SUBJECT :** TRAINING OF TRAINERS FOR SELECTED ARH FOCALS AND  
GUIDANCE COUNSELORS TO EMPOWER LEARNERS ON  
SCHOOL-BASED PROGRAMS ON HIV AND TEENAGE  
PREGNANCY

**DATE :** October 3, 2025

The Adolescent Reproductive Health (ARH) program is guided by RA 10354 and RA 11166, emphasizing adolescent health and wellness. It aims to develop empowered and informed youth by promoting healthy behaviors and supporting academic success. Beyond classroom instruction, the program adopts a holistic approach - strengthening school-community partnerships, providing adolescent-friendly services, and building the capacity of learners, parents, and DepEd personnel. Central to this effort is creating inclusive environments where young people can access accurate and age-appropriate information and essential health services.

Thus, the Bureau of Learner Support Services will conduct a **Training of Trainers (TOT) on Comprehensive School-based Programs on HIV and Teenage Pregnancy** from November 12 to 14, 2025, at the **Ecotech Center, Cebu City**.

The activity aims to capacitate the selected Adolescent Reproductive Health (ARH) focal persons and selected Registered Guidance Counselors (RGC) to enhance their capacity to implement comprehensive adolescent health initiatives. Participants will be equipped with the technical knowledge and facilitation skills to deliver accurate reproductive health information, establish productive activities, and foster a supportive environment for learners.

The training will introduce the Slay Safe sa DepEd Campaign, a school-based health campaign that adopts a youth-centered approach, integrating empowerment and safety



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principles in areas such as reproductive health, HIV prevention, and reducing teenage pregnancy. Empowering our learners is essential to improving adolescent health outcomes and supporting national goals on HIV prevention and teenage pregnancy reduction.

In this regard, we request that the selected ARH Focal persons and coordinators, along with the selected RGCs from the Regional Offices (ROs) and Schools Division Offices (SDOs), attend the activity.

It is respectfully requested that the participants be advised of the following:

1. Participants are asked to arrive at the venue before the scheduled program. (Enclosure #1: *Program of Activity*). However, check-in time is 2:00 P.M. on day. Check-out is at 12:00 P.M. on day 3.
2. Funds for the participants' travel expenses were downloaded to the respective offices through the Regional Offices (ROs), except for BARMM, subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages charge to MOOE or local funds.
3. Pursuant to the Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2 s. 2004, Non-Monetary Remuneration for Overtime Services Rendered: This Office recommends granting Compensatory Time-Off (CTO) to participants who may be affected by work suspensions due to force majeure events (e.g., typhoons) or holidays at their respective offices while attending training.
4. Attached are the following enclosures for reference:  
Enclosure No.1: **List and Number of Participants**  
Enclosure No.2: **Program of Activity**

Should you have inquiries or require additional information, you may contact Dr. **Lilibeth P. Miranda-Gonzales**, Supervising Health Program Officer, OIC BLSS-SHD, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III, through [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph) or [ceer.ahd@deped.gov.ph](mailto:ceer.ahd@deped.gov.ph) or (02) 8632-9935.

[BLSS-SHD/PSR]



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**Enclosure No. 1: List and Number of Participants**

| Region / Office | No | Name                           | SEX | Position / Designation        | Office / SDO / School                        |
|-----------------|----|--------------------------------|-----|-------------------------------|----------------------------------------------|
| CAR             | 1  | Roselle Kristine Waguiz        | F   | Nurse II                      | SDO Benguet                                  |
|                 | 2  | Cecile Grace M. Mayam-o        | F   | Nurse II                      | SDO Ifugao                                   |
|                 | 3  | Gladys A. Nocum                | F   | Guidance Counselor            | SDO Baguio City<br>(Baguio City High School) |
| NCR             | 4  | Mary Rose D. Acosta            | F   | Nurse II                      | SDO Manila                                   |
|                 | 5  | Baby Remedios S. Alcibar       | F   | Nurse II                      | SDO Mandaluyong                              |
|                 | 6  | Rhett Ryan M. Catada           | F   | Guidance Counselor            | SDO Valenzuela                               |
| I               | 7  | Shiela Castro Dulay            | F   | Nurse II                      | SDO San Carlos City                          |
|                 | 8  | Grazelle S. Tabayoyong         | M   | Nurse II                      | SDO Pangasinan 2                             |
|                 | 9  | Amante Ofiana Jr.              | M   | Guidance Counselor / TA II R1 | Region 1                                     |
| II              | 10 | Cheryl B. de Luna              | F   | Nurse II                      | SDO Santiago City                            |
|                 | 11 | Grentt Dale Alconis            | M   | Nurse II                      | SDO Batanes                                  |
|                 | 12 | Ana Riza P. Maguigad           | F   | Guidance Counselor III        | SDO Isabela                                  |
| III             | 13 | Ilona Ignacio Garcia           | F   | Nurse II                      | SDO San Jose City                            |
|                 | 14 | Andrylyn A. Rolle              | F   | Nurse II                      | SDO Nueva Ecija                              |
|                 | 15 | Dr. Airene Dayrit              | F   | Div. Guidance Counselor       | SDO City of San Fernando Pampanga            |
| IV-A            | 15 | Christian H. Harina            | M   | Nurse II                      | SDO Batangas                                 |
|                 | 17 | April Joy A. Rom               | F   | Nurse II                      | SDO Cavite                                   |
|                 | 18 | Justine Celeste                | M   | Guidance Counselor            | SDO Cavite                                   |
| IV-B            | 19 | Pearl Shalom P. Dadule         | F   | Nurse II                      | SDO Puerto Princesa City                     |
|                 | 20 | Fernan S. Guavis               | M   | Nurse II                      | SDO Calapan City                             |
|                 | 21 | Abby Grace E. Mejos            | M   | Registered Guidance Counselor | SDO Palawan                                  |
| V               | 22 | Jaivin E. Balueta              | F   | Nurse II                      | SDO Albay                                    |
|                 | 23 | Jane Frances Punzalan          | F   | Nurse II                      | SDO Tabaco City                              |
|                 | 24 | Jhonlery D. Recome             | M   | Guidance Counselor II         | SDO Sorsogon Province                        |
| VI              | 25 | Arriane A. Lapidez             | F   | Nurse II                      | SDO Iloilo                                   |
|                 | 26 | Eireen S. Gaje                 | F   | Nurse II                      | SDO Roxas City                               |
|                 | 27 | Shareal Joy L. Camacho         | F   | Guidance Counselor I          | SDO Iloilo City<br>Jaro National High School |
| VII             | 28 | Grace G. Lendio                | F   | Nurse II                      | SDO Danao City                               |
|                 | 29 | Joeppril Mar Anthony Abellanos | M   | Nurse II                      | SDO Cebu Province                            |
|                 | 30 | Summer Alqueza                 | F   | RGC II                        | SDO Toledo City                              |
| VIII            | 31 | Rizza P. Deliva                | F   | Nurse II                      | SDO Tacloban City                            |
|                 | 32 | Precy M. Ereno                 | F   | Nurse II                      | SDO Northern Samar                           |
|                 | 33 | Mary Jean Hidalgo              | F   | RGC                           | SDO Tacloban City                            |



|               |    |                           |   |                               |                        |
|---------------|----|---------------------------|---|-------------------------------|------------------------|
| <b>IX</b>     | 34 | Maria Rio T. Francisco    | F | Nurse II                      | SDO Zamboanga City     |
|               | 35 | Zendle Anne C. Esplana    | F | Nurse II                      | SDO Zamboanga del Sur  |
|               | 36 | Daryl A. Tomboc           | F | Guidance Counselor            | SDO Zamboanga Sibugay  |
| <b>X</b>      | 37 | Mildred R. Chua           | F | Nurse II                      | SDO Misamis Occidental |
|               | 38 | Arlene P. Diez            | F | Nurse II                      | SDO Mis. Oriental      |
|               | 39 | Fe Psychie N. Nival       | F | Guidance Counselor III        | SDO Oroquieta City     |
| <b>XI</b>     | 40 | Stephen Mark T. Castres   | M | Nurse II                      | RO                     |
|               | 41 | Desiree Loren L. Barabat  | F | Nurse II                      | SDO Panabo City        |
|               | 42 | Endera L. Villapaz        | F | RGC                           | SDO Davao de Oro       |
| <b>XII</b>    | 43 | Maria Melaresa A. Dondon  | F | Nurse II                      | SDO Gen. Santos        |
|               | 44 | Ma. Theresa Gallo         | F | Nurse II                      | SDO Sultan Kudarat     |
|               | 45 | Dyessa Gabrielle Plaza    |   | R. Guidance Counselor         | SDO Kidapawan          |
| <b>Caraga</b> | 46 | Jennibeth H. Lapay        | F | Nurse II                      | SDO Agusan del Sur     |
|               | 47 | Rex A. Roxas              | M | Nurse II                      | SDO Dinagat            |
|               | 48 | Maryline Basilio          | F | Guidance Counselor            | SDO Agusan del Norte   |
| <b>NIR</b>    | 49 | Eugene C. Caliso          | F | Nurse II                      | SDO Negros Occidental  |
|               | 50 | Ma. Therese Q. Albacite   | F | Nurse II                      | SDO Victorias City     |
|               | 51 | Kathleen D. Omoso         |   | Guidance Service Specialist I | SDO Negros Oriental    |
| <b>BARM</b>   | 52 | Jenny Vic M. Miñoza       | F | Nurse II                      | SDO Basilan            |
|               | 53 | Sittie Rohanna M. Quintos | F | Nurse II                      | SDO Cotabato City      |
|               | 54 | Abdurrahman B. Amerol     | M | RGC                           | SDO Lanao Sur 2        |





Republic of the Philippines  
Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**

**Enclosure No. 2: Program of Activity**

**Training for ARH Focals to Empower Learners on School-Based Health Programs for  
HIV and Teenage Pregnancy  
November 12-14, 2025 / Region VII**

| <b>DAY 1. November 12, 2025</b> |                                                                                           |                           |
|---------------------------------|-------------------------------------------------------------------------------------------|---------------------------|
| <b>Time</b>                     | <b>Activity/Description</b>                                                               | <b>Person Responsible</b> |
| 8:00 – 9:00 AM                  | Arrival and Registration                                                                  | Secretariat               |
| 9:00-9:30 AM                    | Opening Program/Welcome Message/Overview of Training                                      | Emcee                     |
| 9:30 – 10:30 AM                 | Session 1: Welcome to Slay Safe sa DepEd Campaign                                         | Resource Person           |
| 10:30 – 10:45 AM                | AM Snacks                                                                                 |                           |
| 10:45 – 12:00 NN                | Session 2: The Real Talk – HIV and Teen Pregnancy 101                                     | Resource Person           |
| 12:00-1:00 PM                   | LUNCH                                                                                     |                           |
| 1:00-3:00 PM                    | Continue session 2: The Real Talk – HIV and Teen Pregnancy 101                            | Resource Person           |
| 3:00 – 4:30 pm                  | Session 3: Consent, Confidence, and Communication                                         | Resource Person           |
| 4:30 – 5:00 PM                  | Reflection and End of Day 1                                                               |                           |
| <b>DAY 2. November 13, 2025</b> |                                                                                           |                           |
| <b>Time</b>                     | <b>Activity/Description</b>                                                               | <b>Person Responsible</b> |
| 8:00-8:30 AM                    | Energizer and Recap of Day 1                                                              | Emcee                     |
| 8:30 – 10:30 AM                 | Session 4: Slay the Message – Adolescent Led SBC Content                                  | Resource Person           |
| 10:30 – 12:00 NN                | Session 5: Campaign Planning and Activation                                               | Resource Person           |
| 12:00 – 1:00 PM                 | LUNCH                                                                                     |                           |
| 1:00 – 3:00 PM                  | Session 6: Peer Power – Becoming a Slay Safe sa DepEd Influencer (Peer Health Navigators) | Resource Person           |
| 3:00 – 5:00 PM                  | Session 7: Bridging the Gap – Slay Safe with Parents                                      | Resource Person           |
| 5:00 – 6:00 PM                  | Session 8: Connect to Protect: Referral Pathways for HIV Support in Schools               | Resource Person           |
| 6:00 – 6:15 PM                  | Reflection                                                                                |                           |





Republic of the Philippines  
Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**

|                                 |                                                                 |                           |
|---------------------------------|-----------------------------------------------------------------|---------------------------|
|                                 |                                                                 |                           |
| <b>DAY 3. November 14, 2025</b> |                                                                 |                           |
| <b>Time</b>                     | <b>Activity/Description</b>                                     | <b>Person Responsible</b> |
| 8:00 – 8:30 AM                  | Energizer and Recap of Day 2                                    | Emcee                     |
| 8:30 – 10:00 AM                 | Session 11: Drafting a School-Based Intervention and Activities | PMT /<br>Participants     |
| 10:00 – 11:30 AM                | Presentation of Outputs (Action Plans)                          | Participants              |
| 11:30 – 12:00 NN                | Awarding of Certificates and Closing Program                    | PMT                       |
| 12:00 – 1:00 PM                 | <b>Lunch</b>                                                    |                           |
| 1:00 – 2:00 PM                  | Evaluation and Departure                                        |                           |

**End**