



Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF PANABO CITY

DIVISION MEMORANDUM  
SGOD-2025-0565

To: Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum Implementation Division  
Manuel Ezperanza, Principal III, Panabo City National High School  
School Health Section

Subject: **ATTENDANCE TO THE ORIENTATION ON EXPANDED PHILIPPINE PACKAGE ON ESSENTIAL NON-COMMUNICABLE DISEASE (PhilPEN) FOR STAKEHOLDERS**

Date: October 9, 2025

Attached is the letter from the City Health Office dated September 25, 2025, inviting doctor, dentists and nurses to the **Orientation on Expanded Philippine Package on Essential Non-Communicable Disease (PhilPEN) for Stakeholders on October 17, 2025, 8:00 am to 5:00 pm** at RJ3 Travelers and Dine, Gredu, Panabo City.

Participants to the said orientation are the following, to wit:

No	Name	Designation	Office/School
1	Dr. Arlene L. Choi	Medical Officer III	SGOD
2	Dr. Androla Marie B. Caballero	Dentist II	SGOD
3	Dr. Mae Ann N. Llana	Dentist II	SGOD
4	Moolien Jane A. Estimada RN, MAN	Nurse II	SGOD
5	Desiree Loren L. Barabat RN, MAN	Nurse II	SGOD
6	Sheena Angel M. Escudero RN	Nurse II	PCNHS

Meal and snacks shall be shouldered by the organizing agency, while travel and other incidental expenses shall be charged against the Division MOOE Funds for division personnel and School MOOE Funds for school personnel subject to the usual accounting and auditing rules and regulations.

For your guidance and compliance.

  
**JINKY B. FIRMAN PhD, CESO VI**  
Schools Division Superintendent

Enclosed as stated  
SGOD/aba/dllb

**RELEASED**

**OCT 13 2025**



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Republic of the Philippines  
Province of Davao del Norte  
CITY OF PANABO  
**CITY HEALTH OFFICE**

*Service to Panaboans  
Service to God*

September 25, 2025

1025100246

**JINKY B. FIRMAN, PhD, CESU VI**  
Schools Division Superintendent  
Panabo City Division  
Panabo City



Dear **Dr. Firman**,

Good day!

The **Philippine Package of Essential Non- Communicable Disease Intervention (PhilPEN)**, a program of Department of Health (DOH) focused on early detection, prevention and management of Non-Communicable Diseases (NCD's), such as Hypertension and Diabetes which target individuals aged 20 years old and above.

**Screening and risk assessment** identify individuals at risk for NCDs based on factors like age, family history, and lifestyle. **Prevention and management** providing interventions like lifestyle advice, medication, and follow-up care to manage existing NCDs and prevent new ones. **Collaboration** working with Local Government Units (LGUs) and other health stakeholders to implement the program effectively. **Benefits of PhilPEN** the Early diagnosis and treatment: Allows for timely intervention and better outcomes for individuals with NCDs. **Improved health outcomes**, Reduces the risk of complications and mortality associated with NCDs. **Increased awareness** Help promote healthy lifestyles and empowers individuals to take proactive steps in managing their health.

The City Health Office in coordination with Cardiovascular Disease Prevention and Control Program will conduct **Orientation on Expanded Philippine Package on Essential Non- Communicable Disease (PhilPEN ) for Stakeholders on October 17, 2025, 8:00 – 5:00** in the afternoon at **RJ3 Travelers and Dine, Brgy. Gredu, Panabo City**.

On this note, we would like to invite **eight (8) Division and School Nurses and one (1) Physician** to participate this said orientation and who will actively put on this program in your institution.

We look forward for your positive response in this invitation.

Thank you

Respectfully yours,

**SOFIA D. BENDIJO, RND, DE**  
CVD /PhilPEN Program Coordinator

Noted by:

**ERANIE L. PANGILINAN, RN, MD, MMHOA**  
CGADH- CHO

