



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

August 12, 2025

DIVISION MEMORANDUM

No. 0180 s. 2025

STRENGTHENING SURVEILLANCE AND PREVENTIVE MEASURES HAND, FOOT AND MOUTH DISEASES (HFMD), DENGUE, TYPHOID FEVER, LEPTOSPIROSIS AND MONKEYPOX (MPOX)

To : Assistant Schools Division Superintendent
Chief, Curriculum Implementation Division
Chief, Schools Governance and Operations Division
All Public Schools Supervisors
All Public and Private School Principals and School Heads

1. Attached is the Public Health Advisory from the City Health Office of Panabo City dated July 25, 2025, entitle re: "STRENGTHENING SURVEILLANCE AND PREVENTIVE MEASURES HAND, FOOT AND MOUTH DISEASES (HFMD), DENGUE, TYPHOID FEVER, LEPTOSPIROSIS AND MONKEYPOX (MPOX)", reiterating awareness and promotion of the preventive measures against such notifiable diseases.
2. Anent this, all public schools shall practice the Minimum Public Health Standards, weekly and immediate reporting of notifiable disease and health events stated in DM No. 0184 s. 2024 re: "Project S.H.I.E.L.D in Schools in response to Notifiable Diseases and Health Events".
3. For your information and guidance.


JINKY B. FIRMAN PhD, CESO VI
Schools Division Superintendent

RELEASED

AUG 14 2025

RECORDS SECTION SDO PANABO CITY
BY 

Enclosed.: As stated.
SGOD/aba/jcc

Schools Division Office of Panabo City
City Hall Compound, Km. 31, JP Laurel, Panabo City
Tel. No. (084)8231469
Email: panabocity.division@deped.gov.ph





Date: July 25, 2025

To: **JINKY B. FIRMAN, PHD, CESO VI**
Schools Division Superintendent
Department of Education
JP Laurel, Panabo City

Subject: Public Health Advisory – STRENGTHENING SURVEILLANCE AND PREVENTIVE MEASURES HAND, FOOT AND MOUTH DISEASES (HFMD), DENGUE, TYPHOID FEVER, LEPTOSPIROSIS AND MONKEYPOX (MPOX).

As part of our commitment to public health, the **City Epidemiology and Surveillance through the City Health Office**. We are issuing this **Public Health Advisory** to raise awareness and promote preventive measures against three illnesses currently affecting our community: **Hand, Foot, and Mouth Disease (HFMD)**, **Dengue**, and **Leptospirosis**.

In light of recent reports from the **Philippine Integrated Disease Surveillance and Response (PIDSR)** system and local monitoring, Panabo City has seen a rise in cases of **Hand, Foot, and Mouth Disease (HFMD)**, **Dengue**, and **Leptospirosis**, especially during this season.

These diseases pose serious health risks, especially during the rainy season. We urge everyone to remain vigilant and take the necessary precautions to protect yourselves and your families.

PIDSR Data Highlights:

- **Dengue:** Over **671 cases with 3 deaths** reported in Panabo City as of July 2025.
- **Leptospirosis:** As of July 2025, over **20 cases and 5 deaths** reported with increased risk during flooding
- **HFMD:** Seasonal increase observed, **with 29 cases recorded as of July 2025**. The disease particularly affects children under 5 years old and is common in schools with a high number of students.
- **Typhoid Fever:** Cases remain prevalent in flood-affected areas, as well as in places with improper food and water handling and poor sanitation. A total of **54 cases has been recorded as of July 2025**.
- **Monkeypox:** No confirmed, but surveillance and early detection measures are in place.

Actions Taken by Panabo City Health Office:

- **Ocular inspections** in schools to identify mosquito breeding sites
- **Misting and fogging operations** in hotspot barangays
- **Distribution of doxycycline** for leptospirosis prophylaxis
- **Promotion of the “4 o’clock habit” and Oplan Kulob** to eliminate mosquito breeding grounds
- **Health education campaigns** in schools and barangays
- **Monitoring and reporting** of cases through barangay health stations and other reporting units like hospitals and clinics.

Public Health Reminders:

HFMD

- Wash hands regularly
- Disinfect toys and surfaces



- Isolate infected children
- Discourage sharing of personal items like utensils, towels, and toys.
- Minimize close contact with individuals who have HFMD, including kissing, hugging, or sharing utensils.
- Isolate individuals with HFMD to prevent further spread.

Dengue

- Remove stagnant water
- Use mosquito repellents
- Seek early consultation
- Hydrate when fever (drink ORS or any electrolyte containing liquid)

Typhoid

- Drink safe, boiled water
- Practice proper food hygiene
- Avoid street food during outbreaks
- Hydrate when fever (drink ORS or any electrolyte containing liquid)

Leptospirosis

- Avoid floodwaters
- Wear boots if exposure is unavoidable
- Seek medical help if symptoms appear

Monkeypox

- Avoid close contact with infected individuals
- Report unusual skin rashes or fever to health authorities
- Practice good hygiene and avoid sharing personal items
- Avoid multiple sexual partners

Other Health Reminders:

Respiratory Etiquette:

- Practice proper cough and sneeze etiquette, using tissues and discarding them properly.

Infection Control:

- Strengthen infection control measures in all settings, including schools and households.
- Ensure proper ventilation in classrooms and common areas.

Parental/ Community/Barangay/School Involvement:

- Engage parents and guardians in promoting hygiene practices and early detection.
- Desilting clogged drainage channels
- Strict compliance with proper garbage collections

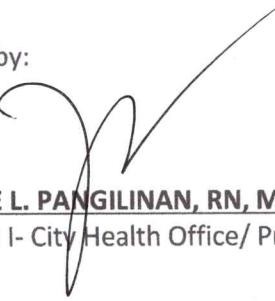
Together, we can protect our community and promote a healthier environment for all. Thank you for prioritizing your health and safety.

For your information and guidance.

Sincerely yours.


RYAN JAF A. DEOCAMPO, RN, MD
Medical Officer II

Noted by:


ERANIE L. PANGILINAN, RN, MD, MMHoA
CGADH I- City Health Office/ Program OIC



Date: July 25, 2025

To: **JINKY B. FIRMAN, PHD, CESO VI**
Schools Division Superintendent
Department of Education
JP Laurel, Panabo City

Thru: **DR. RUDY ADLAON**
Chairman
Private Schools

Subject: Public Health Advisory – STRENGTHENING SURVEILLANCE AND PREVENTIVE MEASURES HAND, FOOT AND MOUTH DISEASES (HFMD), DENGUE, TYPHOID FEVER, LEPTOSPIROSIS AND MONKEYPOX (MPOX).

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