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Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF PANABO CITY

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DIVISION MEMORANDUM  
SGOD-2025- 0377

To: Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum Implementation Division  
Selected Public Secondary School Heads  
School Administrator, Francisco Adlaon Learning Institute  
School Administrator, Maryknoll College of Panabo, Inc.  
School Principal, North Davao Colleges  
School Principal, Panabo Faith Mission Academy  
School Health Section  
Youth Formation Section

Subject: **SERIES OF ACTIVITIES RELATIVE TO THE ADOLESCENT REPRODUCTIVE HEALTH (ARH) PROGRAM**

Date: July 28, 2025

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Please be informed on the conduct of the **Series of Activities relative to the Adolescent Reproductive Health (ARH) Program** in selected public and private schools from **August to September, 2025**. This is in partnership with the City Health Office of Panabo and Youth Formation Section.

With the alarming increase of teenage pregnancy cases in Panabo City, this activity aims to deepen the advocacy on Adolescent Health and Development in schools. There will be learner's health assessment, age-appropriate health services and reproductive health education, including the prevention of teenage pregnancy, awareness on mental health and STI/HIV-AIDS. There shall also be monitoring of the services in the school-based teen centers.

Participants are Grade 5-6 learners and Junior High School and Senior High School learners. **Enclosed are the schedule of activity in schools and the program matrix.** Schools are hereby directed to prepare the target participants and the venue, including chairs, tables and presentation equipment.

The Division Personnel who shall facilitate and attend the said activities are the following:

No.	Name	Designation
1	Dr. Arlene L. Choi	Medical Officer III
2	Desiree Loren L. Barabat, MAN, RN	Nurse II/ Division ARH Focal/ Division STI-HIV-AIDS Program Alternate
3	Maria Susete B. Flores, RN	Nurse II/ Division ARH Alternate

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4	Maria Ezcelmay S. Cabaylo, RN	Nurse II/ Division STI-HIV-AIDS Program Focal
5	John Carlo L. Ceniza,MAN, RN	Nurse II/ Division School Mental Health Program Focal
6	Glady C. Noel	PDO I / Division LRP Focal
7	Jezzriel Montefolka	PDO I/ Division LRP Alternate

Further, learners who shall participate in the health assessment and psychosocial risk screening (Rapid HEEADSSS Assessment) are required to secure parental consent before their respective schedules. Attached is the copy of the consent form.

Furthermore, please be informed on the upcoming U4U Teen Trail in September, 2025. Public secondary schools are encouraged to scout five (5) active peer facilitators, who are not graduating this school year and can serve in the school for more than one school year. Other details shall be communicated through a separate memorandum.

Travel, meals and other incidental expenses of the division personnel related to this activity shall be charged against the local funds subject to the usual accounting and auditing rules and regulations.

For queries, kindly contact the Schools Governance and Operations Division–School Health Section through Desiree Loren L. Barabat, Nurse II/Division ARH Focal at 0985-555-2997 or at [desireeloren.barabat@deped.gov.ph](mailto:desireeloren.barabat@deped.gov.ph).

For your guidance and compliance.

**JINKY B. FIRMAN, PhD, CESO VI**  
Schools Division Superintendent

RELEASED

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RECORDS SECTION SPD PANABO CITY

Enclosed as stated  
SGOD/aba/dllb





**Republic of the Philippines**  
**Department of Education**  
**REGION XI**  
**SCHOOLS DIVISION OF PANABO CITY**

Enclosure to Division Memorandum No. SGOD-2025-0377

**A. Schedule of Schools**

<b>Date (2025)</b>	<b>Name of School</b>
August 1	Don Manuel Javellana Memorial NHS  <i>For the program, please refer to DM SGOD-2025-0348 re: OKD-HLI: Implementation of Pillar One (Healthy School Policy) for Non-Last Mile School.</i>
August 6	San Vicente NHS
August 8	Cagangohan NHS
August 13	Panabo City Senior HS
August 15	Panabo City NHS
August 20	Little Panay NHS
August 27	AO Floirendo NHS
August 29	North Davao Colleges
September 3	Francisco Adlaon Learning Institute
September 10	Maryknoll College of Panabo, Inc.
September 17	Panabo Faith Mission Academy
September 19	Southern Davao NHS

**B. Program Matrix**

<b>Time</b>	<b>Activity</b>	<b>Participants</b>
8:00 AM – 11:30 AM	<p>School-Based Advocacy Campaign (Lecture)</p> <p>1 Gym/Function Hall (max of 100 learners)</p> <p><b>Or</b></p> <p>3-4 Classrooms- (Simultaneous) (40-60 per class)</p>	<p>Grade 5-6 learners Grade 7-12 learners</p> <p><i>The school has its discretion on who will be participating the lectures based on the abovementioned levels.</i></p>
1:00 PM – 4:00 PM	<p>1. Health assessment (inside the classroom)</p> <p>2. School-Based Teen Center Monitoring</p> <p>3. Provision of adolescent health services preferably in the teen center or school clinic (if available), such as:</p> <ul style="list-style-type: none"> <li>• Psychosocial risk screening and assessment</li> <li>• Other age-appropriate health services</li> </ul> <p><i>Note: Rapid HEEADSSS Assessment can be conducted prior to scheduled date by trained health service provider (teacher/advocate/nurse)</i></p>	<p>Grade 11 only School-Based Teen Center Coordinator</p> <p>Grade 5-6 learners Grade 7-12 learners</p>

## CONSENT FORM FOR LEARNERS' HEALTH ASSESSMENT AND SCREENING

Date: \_\_\_\_\_

### I. Data Privacy Notice

The Department of Education (DepEd) shall engage in the collection of health/medical information for the purposes of tracking, provision of necessary health/medical interventions, and educational purposes. This information shall be processed in accordance with the provisions of the Data Privacy Act and the Data Privacy Policies of the Department.

This information shall be stored and held confidentially in accordance with the provisions of the Basic Education Act and may only be shared with other government agencies or third parties subject to Data sharing agreements and data privacy requirements for legitimate purposes only.

For inquiries, requests and concerns regarding your data privacy rights, please contact the data privacy compliance officer, team of the school, schools division office or regional office concerned.

By affixing my signature at the end of this document, I hereby consent and authorize the Department of Education to use, collect, and process the information for the purposes of the above stated.

### II. Components of Learner Health Assessment and Screening (LHAS)

#### Nutritional Assessment

Determining the height and weight of Kinder to Grade 6 learners to get their nutritional status as basis for inclusion to the School-Based Feeding Program (SBFP).

#### Health history intake and general head-to-toe assessment

Recording of past medical history (allergies, ongoing medical conditions, past surgeries/hospitalization), family medical history, smoking/vaping history, handedness, immunization status, and other relevant information.

General head-to-toe assessment is a thorough overall examination performed by health

personnel to detect signs and symptoms of illness, physical or behavioral defects or abnormality, monitor hygiene practices, and provide health education.

#### Vision screening

A non-diagnostic procedure aimed at early detection and management of vision problems among learners. This may be done by teachers (for Kindergarten learners and non-readers) and non-teaching personnel (for Grades 1 and 7) who have received appropriate training, school health personnel, or local partners.

#### Hearing screening

A non-diagnostic procedure intended to identify learners who may require further evaluation and management by appropriate healthcare professionals.

#### Oral health assessment

Evaluation of the oral cavity, conducted by licensed dentists, including inspection of the teeth, gums, and other oral tissues to identify dental and other oral health concerns.

#### Universal mental health and psychosocial screening and assessment

In compliance with "Republic Act (RA) 11036 or the "Mental Health Act", Universal mental health screening refers to the systematic assessment of learners based on their school performance, behaviors, and social-emotional functioning. Psychosocial screening aims to identify risk factors that may affect a learner's mental health, emotions, or interactions with other people. It is intended to prevent the learner's condition from worsening and to provide immediate intervention if necessary. The purpose of screening is not to provide clinical diagnosis of mental disorders, but to identify at-risk learners and provide early intervention and support, or referral for specialized help if needed.

Psychosocial assessment is a guided, semi-structured interview conducted by the School Counselors and/or other trained personnel on learners who will be identified as "at-risk."

### III. Consent to Health Assessment and Screening

I, \_\_\_\_\_, the parent/ parent - substitute/ legal guardian of \_\_\_\_\_, \_\_\_\_\_ years old, Male/Female, \_\_\_\_\_ learner \_\_\_\_\_ in \_\_\_\_\_ have been

properly and fully informed about the details of the learners' health assessment and screening. I understand that participation is voluntary and choosing whether to participate or not will have no effect on the grade, treatment, or care of my child/ward. I am aware that non-participation may lead to my child/ward being unable to join certain programs and services that require the information collected in the procedures listed above.

By affixing my signature below, I hereby state that:

*Please mark the space with a (✓) and place your signature at the end of this document.*

	<b>I CONSENT</b> for my child/ward to undergo the following assessments/screening:	<b>I DO NOT CONSENT</b> for my child/ward to undergo the following assessments/screening:
Nutritional Assessment		
Health history intake and general head-to-toe assessment		
Vision screening		
Hearing screening		
Oral health assessment		
Universal mental health and psychosocial screening and assessment		

\_\_\_\_\_  
Signature above Printed Name  
(Parent/parent-substitute/legal  
guardian)

\_\_\_\_\_  
Date

### LEARNER'S ASSENT FORM FOR HEALTH ASSESSMENT AND SCREENING

I have been informed of the details of the Learner Health Assessment and Screening and that my parent/parent-substitute/guardian has given permission for me to participate. My participation is voluntary and I have been told that I may stop my participation at any time. I understand that If I choose to participate or not, will not affect my grade, treatment, or care in any way, except in activities that require the information collected in the procedures listed above.

\_\_\_\_\_  
Signature above Printed Name  
(Learner)

\_\_\_\_\_  
Date



July 22, 2025

DepED Division of Panabo City  
RECORDS SECTION

RECEIVED  
2 JUL 2025  
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**JINKY B. FIRMAN, PhD, CESO VI**  
Schools Division Superintendent  
Department of Education Division of Panabo City  
This City

Dear **MS. FIRMAN**,

Greetings of Good Health!

The City Health Office has been notified on the alarmingly high number cases of Teenage Pregnancy in the City of Panabo. According to the data from the Population and Development Section, there were barangays who have frequently listed in Top 5 barangays with most cases on it.

The school is identified as one of our stakeholders in promoting matters on Population Health, and one of the office's activities is to deepen its advocacy for Adolescent and Health Development. With this, we request permission from your office to organize a series of **school-based symposiums for students in Grades 5-6, Junior High, and Senior High School to discuss Republic Act 10354 (Responsible Parenthood and Reproductive Health Law)**, which requires age-appropriate health services and reproductive health education including the prevention of Teenage Pregnancy and Awareness on Mental Health and STI/HIV/AIDS. The schedule for this activity will happen every Wednesdays and Fridays starting in the month of August as follows:

- August 1 – Don Manuel Javellana Memorial National High School
- August 6 – San Vicente City High School
- August 8 – Cagangohan National High School
- August 13 – Panabo City Senior High School
- August 15 – Panabo City National High School
- August 20 – Little Panay National High School
- August 27 – AO Floirendo National High School
- September 3 – Francisco Adlaon Learning Institute
- September 10 – Maryknoll College of Panabo, Inc.
- September 12 – North Davao Colleges
- September 17 – Panabo Faith Mission Academy
- September 19 – Southern Davao National High School

Additionally, our office will conduct **U4U Teen Trail this August 28-29, 2025** in coordination with Local Youth Development Office's Linggo ng Kabataan activity. We would like to request your office to forego on the list of participants for the said activity. As such, the first day is intended for Training of Trainers for Nine (9) Peer Facilitators with one (1) teacher on two (2) secondary schools. The second day is intended for the Teen Trail which shall have 130 participants: 115 student-participants and 15 teachers including the Technical Working Group (TWG) that will be held at Panabo City Gymnasium, Barangay JP Laurel, Panabo City.





Republic of the Philippines  
Province of Davao del Norte  
CITY OF PANABO  
**CITY HEALTH OFFICE**

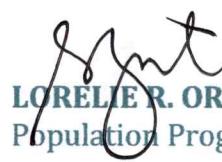
*Service to Panaboans*  
*Service to God*

Your assistance and authorization to this endeavor can make an impact in creating a supportive and non-judgmental environment for adolescents in educating them on Reproductive Health.

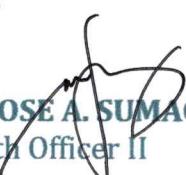
We look forward for a favorable response and the opportunity to continue as one of the advocates in Population and Development.

Should you have any questions or require further details, please contact, Ms. Lorelie R. Oriol, Population Program Officer III of Panabo City Health Office at 0919-260-7460 or email us at [panabocityhealth@gmail.com](mailto:panabocityhealth@gmail.com).

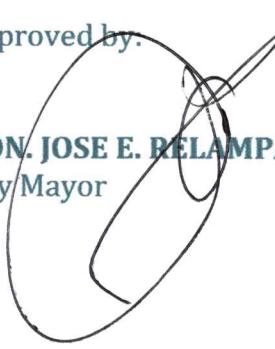
In Service,

  
**LORELIE R. ORIOL**  
Population Program Officer III

Noted by:

  
**ALGAE ROSE A. SUMAOANG-HECHANOA, MD**  
City Health Officer II

Approved by:

  
**HON. JOSE E. BELAMPAGOS**  
City Mayor

