



Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

**DIVISION MEMORANDUM**

SGOD-2025-0103

To : Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum and Implementation Division  
School Health and Nutrition Section  
All concerned

Subject: **IMPLEMENTATION AND MONITORING FOR OPLAN KALUSUGAN SA DEPED PROGRAMS**

Date: March 3, 2025


This has reference to Regional Memorandum ESSD-2025-056 relative to the **Implementation and Monitoring for Oplan Kalusugan sa DepEd Programs.**

Health personnel are mandated to conduct health services and activities in schools as part of the Oplan Kalusugan sa DepEd program, that includes **School-Based Feeding Program (SBFP); Water, Sanitation, and Hygiene in Schools (WinS) Program; Mental Health Program; National Drug Education Program; Adolescent Reproductive Health (ARH) Program and Nursing, Dental, and Nutrition Services (MNDNS).** The schedule of activities and services shall be coordinated with the school head to ensure no disruption of classes. Health personnel are encouraged to visit classrooms during MAPEH period, particularly during Health Education, for the conduct of MNDNS.

Division health personnel are encouraged to provide health services at least three (3) times a week. Travelling and other incidental expenses shall be charged against local or downloaded funds, subject to the usual auditing and accounting rules and regulations.

In line with this, this Office encourages intensive monitoring of the implementation of all Oplan Kalusugan sa DepEd programs in schools using attached template.

For your information and compliance.

  
**JINKY B. FIRMAN, PhD, CESO VI**  
Schools Division Superintendent

**RELEASED**

SGOD/ABA/cjms

**MAR 05 2025**



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RECORDS SECTION-SDO PANABO CITY

**DepEd Panabo:**  
**Empowering Champions in Education**  
through Journeying, Blending and Fostering commitment in  
providing quality education, MATATAG for all.





Recd

46138



Republic of the Philippines  
**Department of Education**  
DAVAO REGION

February 21, 2025

REGIONAL MEMORANDUM  
ESSD-2025-056

IMPLEMENTATION AND MONITORING OPLAN KALUSUGAN SA DEPED PROGRAM

To: Schools Division Superintendents

1. Health personnel are mandated to conduct health services and activities in schools as part of the Oplan Kalusugan sa DepEd program, that includes School-Based Feeding Program (SBFP), Water, Sanitation, and Hygiene in Schools (WinS) program, Mental Health Program, National Drug Education Program (NDEP), Medical, Nursing, Dental, and Nutrition Services (MNDNS), and Adolescent Reproductive Health (ARH) program. The schedule of activities and services shall be coordinated with the school head to ensure no disruption of classes. Health personnel are encouraged to visit classrooms during MAPEH period, particularly during Health Education, for the conduct of MNDNS.
2. Division health personnel are encouraged to provide health services at least three times a week. Their travel and other incidental expenses shall be charged against local or downloaded funds, subject to the usual auditing and accounting rules and regulations.
3. In line with this, the Office encourages intensive monitoring of the implementation of all Oplan Kalusugan sa DepEd programs in schools using the attached template.
4. Immediate dissemination of this Memorandum is requested.

DEPARTMENT OF EDUCATION - DAVA  
RECORDS SECTION  
**RELEASED**

**ALLAN G FARNAZO**  
Director IV

By:   
Date: Feb. 26, 2025  
46138

Enclosed: As stated.  
ROE/D4/mbm



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**MONITORING TOOL ON OPLAN KALUSUGAN SA DEPED**

SDO: \_\_\_\_\_ Date: \_\_\_\_\_  
 School: \_\_\_\_\_

Direction: Please check (✓) the appropriate box that best describes the current state of the following OKD Flagship Programs and fill-in the required information.

INDICATORS	YES	NO	REMARKS
<b>I. Oplan Kalusugan sa DepEd programs are incorporated on APP/SIP/AIP</b>			
<b>II. ARH/NDEP/Mental Health</b>			
1. Maintenance of safe, healthful, and sanitary conditions of school plant (including good emotional climate e.g., enforcement of Child Protection Policy; and other policies/strategies)			
2. Conduct of appropriate learner's health assessment/s to determine psychosocial risks, issues, and concerns (e.g., HEEADSSS Assessment, CARS, etc.)			
3. Display and/or distribute SBC materials on reproductive health, menstrual hygiene, NDEP and mental health-related instructions/information in strategic locations			
4. Provision of Mental Health and Psychosocial Support Services and/or appropriate interventions to personnel and learners affected by disasters, emergencies, and on extreme life situations (e.g., child abuse, child-at-risk, etc.) - Availability of trained mental health professional/s that will provide the intervention			
5. Strictly enforce the ban on smoking and vaping (DO 48, s. 2016 and DM 111, s. 2019)			
6. Encourage daily physical activities for learners in at least 60 minutes and for personnel in at least 30 minutes			
7. Establishment of functional learner support center (teen center)/Adolescent-Friendly Facility in school (for accreditation in AFF, see monitoring tools for Level I-II attached in RM ESSD-2024-401) a. Availability of peer health navigators in school b. Functional referral mechanism to service providers			
8. Develop Contingency and/or Crisis Management Plans that will be activated to address pressing psychosocial issues and concerns in school			
9. Involve parents in addressing psychosocial risk, issues, and concerns of learners - Establish data bank on parent's contact information/details			
10. Coordinate with potential partners on program implementation and/or provision of adolescent-friendly services			
11. School has provision on tobacco cessation and/or intervention (if applicable)			





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12. Weekly Iron Folic Acid (WIFA) Supplementation to eligible female learners (if logistics are available)			
13. Yearly program reports and documents are complete and properly filed.			
A. School Disease Surveillance (QUARTERLY, and/or WEEKLY as the need arises)			
B. Reports on Extreme Heat (IF APPLICABLE)			
C. NDEP Accomplishment Report (MONTHLY)			
D. ARH Reporting (QUARTERLY)			
E. MHPSS Post-Activity Report (as the need arises)			
<i>Subtotal</i>			
<b>II. Wash in Schools (WinS) Program</b>			
1. WinS data uploaded in e-OMS			
2. Availability of Hygiene Kit per learner			
3. Safe Drinking Water is provided			
4. Quality of water tested regularly (2 times a year)			
5. Water for cleaning is available			
6. What is the ratio of functional toilet seat vs learner?			
7. Toilet is accessible to person with limited mobility			
8. Toilets are secure, private, with door and lock, lighting, adequate ventilation and wrapping for used of pads are available			
9. Handwashing facilities with soap are available			
10. Availability of hand soap/hand sanitizers/alcohol-based solutions/or other disinfectants on strategic areas.			
11. Daily cleaning of toilets and handwashing facilities			
12. Funding for maintenance and repair of toilets and handwashing facilities (AIP, SIP, MOOE)			
13. Segregated trash bins with cover are available in classrooms, toilets, canteen, offices, clinic, play areas, gardens, hallways, and gym.			
14. Bins for infectious waste with cover are available			
15. Waste segregation is practiced			
16. Garbage collection, compost facility and material recovery facility (MRF) are available			
17. Functional Septic tank is available for all toilets			
18. Functional drainage from kitchen and wash areas			
19. Food handlers have health certificate			
20. Daily supervised handwashing with soap for learners			
21. Policy on frequent handwashing with soap and water or use of alcohol-based rub/disinfectant.			
22. Indicate the Learner and group handwashing facility ratio			
23. Daily Supervised tooth brushing activity conducted			
24. Sanitary pads are accessible in school			
25. Deworming is done semi-annually			
<i>Subtotal</i>			
<b>III. School Health Services and School Clinic Management</b>			
1. School Technical Working Groups in health and nutrition program are available			





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2. Health and nutrition programs are part of INSET			
3. Conduct of physical examination in learners, teachers, and non-teaching personnel			
4. Posted school monthly/quarterly or annual medical, dental, and nursing schedule			
5. Conduct of medical, dental, nutrition, and/or health lectures, trainings and advocacy activities (e.g., curriculum integration, celebrations, etc.)			
6. Dental services are available			
7. Availability of school or office clinic for basic health services (located on strategic area)			
8. Functional School clinic is well-lighted and properly ventilated			
9. Functional School clinic have following facilities: an examination room, treatment room, dental treatment room, drinking, handwashing, and toilet facilities, and waiting area.			
10. School clinic has basic equipment, supplies and material (please show inventory)			
11. Vision test, hearing test, height and weight measurement, health examination/assessment of learners were conducted			
12. Availability of Basic First Aid and Emergency Care Services			
13. Policy on proper use of face mask and respiratory etiquette when with flu-like symptoms or contagious respiratory illness.			
14. Recording of Daily Treatment that shows the chief complaint/s, findings on examination, and management of clients			
15. Recording of Referrals in the Referral Logbook			
16. Availability of Referral slips, Log Sheet/Logbook that are needed in School Clinic Management (has referral flow/ system)			
17. Data Banking on health reports, records, etc.			
18. Directory of organizations – name, address, services provided, contact number, and contact person (for referral)			
19. Deployment Plan / Schedule of health personnel on duty			
20. Operationalization of Project S.H.I.E.L.D. in Schools in Response to Notifiable Diseases and Health Events (RM ESSD-2024-390)			
a. Institutionalization of Preventive Alert System in Schools (PASS) or other means of monitoring learners experiencing flu-like symptoms or any symptoms of communicable diseases; and			
b. Designation of School Disease Surveillance Officer			
21. Classroom/ Offices has proper ventilation (open windows, preferred)			
22. Strictly enforce D.O. 13, s. 2017 (Policy and Guidelines on Healthy Food and Beverage Choices in Schools and in DepEd Offices)			
23. Facilitate conduct of School-Based Immunization Program annually to eligible learners			
<i>Subtotal</i>			
<b>IV. School-Based Feeding Program</b>			
<b>A. Food Delivery and Distribution</b>			





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1. Division SBFP Team has conducted an onsite inspection of milk supplier/business operator. Compliant to Implementing Rules and Regulations of RA No. 10611 or Food Safety Act of 2013.			(Note down date of inspection and details in the narrative report)
2. Schedule of schools for pick-up is available and displayed in a conspicuous area.			
3. Delivery staff, teaching and non-teaching consignees, inspectors, and volunteers have available areas for handwashing with soap and disinfectants. (They are required to wash and disinfect their hands before and after touching the milk/food packs).			
4. Available storage facilities in drop-off/feeding center.			
5. Cleanliness of surroundings and proper waste disposal is maintained in drop-off/feeding center.			
6. Inspection and Acceptance Report (IAR) Form is available in drop-off centers and all recipient schools.			
7. Food distribution area is clean.			
8. Food distribution area is in good condition.			
9. Distribution for NFP has been continuous since it started.			
10. Distribution of Milk packs/bottles has been continuous since it started.			
11. Prescribed cycle menu plan is followed during the distribution.			
<b>B. Food Safety</b>			
12. Proper storage areas/equipment for Nutritious Food Products are available.			
13. Proper storage areas/equipment for Milk packs/bottles are available.			
14. Food contact surfaces are not sources of contamination.			
15. Storage areas are pest-free.			
16. Storage areas are well-lit and properly ventilated.			
17. There is an available handwashing facility in the feeding area, with a strategic display of information on proper handwashing; and proper handwashing is done.			
18. Appropriate handling of food products is followed to ensure food safety.			
19. Parents and other volunteers are in proper attire and proper grooming when handling food products.			
20. Parent volunteer/school staff with food-borne and respiratory ailments are not allowed to handle food.			
21. Waste management and segregation is practiced in feeding area.			
<b>C. School Head's Program Leadership</b>			
22. The school head organizes the SBFP core group.			
23. Deworming of pupils, especially the beneficiaries, is done twice in a school year.			
24. Nutritional assessment of pupils, especially the beneficiaries, was conducted.			
25. The School Head acts as an advocate of SBFP.			
26. There are plans to sustain SBFP.			





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27. The school allocates cash or in-kind counterpart for SBFP implementation.			
<b>D. Participation of Parents and Feeding Coordination</b>			
28. Parents and other volunteers perform their assigned tasks.			
29. Parents attend meetings, and orientation is conducted.			
30. Members of the SBFP core group are actively involved in program implementation.			
31. The Feeding Coordinator effectively manages daily SBFP operations.			
32. The Parents-Teachers Association (PTA) provides active support to SBFP.			
<b>E. Program Reporting</b>			
33. Current SY SBFP reports and documents are complete and properly filed.			
Form 1: Master List Beneficiaries			
Form 2: Summary of Beneficiaries and Start of Feeding			
Form 3: Record of Daily Feeding			
Form 4: Milk Component-List of Authorized Consignees and School Inspection Team			
Form 5: List of Beneficiaries with/without Milk Intolerance			
Form 6: Record of Deliveries			
Form 7: Program Terminal Report			
Form 8: Parent's Consent Form for Milk Feeding			
34. Current SY SBFP reports and documents are accurate, regularly updated, and submitted on time.			
Form 1: Master List Beneficiaries			
Form 2: Summary of Beneficiaries and Start of Feeding			
Form 3: Record of Daily Feeding			
Form 4: Milk Component-List of Authorized Consignees and School Inspection Team			
Form 5: List of Beneficiaries with/without Milk Intolerance			
Form 6: Record of Deliveries			
Form 7: Program Terminal Report			
Form 8: Parent's Consent Form for Milk Feeding			
35. Previous SY SBFP reports and documents are complete and properly filed.			
36. Previous SY SBFP reports and documents are accurate, regularly updated, and submitted on time.			
37. Meetings with stakeholders is/are held at least once a year and completely documented.			
<b>F. Financial Accountability (for School-led Procurement only)</b>			
38. The school was able to comply with the procurement process in a complete and timely manner.			
39. Prescribed menu plan is followed to ensure effective budget management.			
40. Food served is within the prescribed budget.			
41. Expenses are supported by required receipts.			
42. Liquidation reports are accurate and submitted on time.			





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43. The school was able to create local partnerships for SBFP implementation as a source of funds, in-kind donations, complementary support, or technical assistance.			
44. The school makes accurate recordings and disclosures of fund-raising activities by reflecting these in the SBFP financial reports and reporting to stakeholders.			
<i>Subtotal</i>			

<b>TOTAL NO. OF "YES"</b>	
<b>TOTAL NO. OF NOT "NO"</b>	
<b>PERCENTAGE</b>	

<b>ISSUES AND CONCERNS</b>
<b>ACTION/S TAKEN</b>
<b>BEST PRACTICES</b>

Evaluated by:

\_\_\_\_\_  
Signature over printed name

Conforme:

\_\_\_\_\_  
Signature over printed name of  
OKD Focal Person

\_\_\_\_\_  
Signature over printed name of  
School Head