



Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM
DM CID-2025-0143

To : Assistant Schools Division Superintendent
Chief, Curriculum Implementation Division
Public and Private Elementary and Secondary School Heads
All Public and Private Registered Guidance Counselors
All Public and Private School Guidance Advocates

Subject: **ADDENDUM TO DM CID-2025-0114 RE: INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE OF IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

Date : March 03, 2025

This has reference to the Regional Memorandum HRDD-2025-027, and Division Memorandum CID-2025-0114, relative to the 38th Annual National Conference of IOTA PHI Counseling and Professional Honor Society, Inc. on May 15-16, 2025, at Notre Dame of Dadiangas, General Santos City.

The Guidance Counselors, guidance advocates, and other mental health professionals and advocates from both **public and private schools** are encouraged to participate in this activity for personal and professional re-skilling and upskilling to enhance the support for the well-being and holistic development of the learners. The guidance advocates from public schools may choose to attend the activity, in compliance with the applicable provisions of DepEd Order No. 046, s. 2022, and other appropriate orders and guidance on travel.

Further, the School Heads are advised to make necessary class arrangements for the participants to ensure that DO No. 9, Series of 2005, Time-on-Task Policy is strictly observed. See attached enclosures.

Transportation and other incidental expenses shall be charged to the MOOE, and other local funds subject to the usual government accounting and auditing rules and regulations.

For your information and guidance.


JINKY B. FIRMAN PhD., CESO VI
Schools Division Superintendent

RELEASED

MAR 04 2025

Enc. As Stated
Doc://CID/je/jdr



Schools Division Office of Panabo City
City Hall Drive, Brgy. JP Laurel, Km 31, Panabo City
Tel. Nos. (084)823 1469, (084) 628 4066
Email: panabocity.division@deped.gov.ph

RECORDS SECTION SDO PANABO CITY
BY 



29260

Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

DM CID-2025-0115

To : Assistant Schools Division Superintendent
Chief, Curriculum Implementation Division
Public Elementary and Secondary School Heads
All Elementary and Secondary School Guidance Advocates
All Registered Guidance Counselors

Subject: **INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE OF IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

Date : February 18, 2025

This has reference to the Regional Memorandum HRDD-2025-027 relative to the 38th Annual National Conference of IOTA PHI Counseling and Professional Honor Society, Inc. with the Theme: "Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing" on May 15-16, 2025, at Notre Dame of Dadiangas, General Santos City.


DepEd Guidance Counselors, guidance advocates, and other mental health professionals and advocates may choose to attend the activity, in compliance with the applicable provisions of DepEd Order No. 046, s. 2022, and other appropriate orders and guidance on travel.

Further, the School Heads are advised to make necessary class arrangements for the participants to ensure that DO No. 9, Series of 2005, Time-on-Task Policy is strictly observed. See attached enclosures.

Transportation and other incidental expenses shall be charged to the MOOE, and other local funds subject to the usual government accounting and auditing rules and regulations.

For your information and guidance.

For and in the absence of the Schools Division Superintendent:


BASILIO P. MANA-AY JR., CESO VI
Assistant Schools Division Superintendent
Officer-in-Charge

Enc. As Stated
Doc://CID/jev/jdr

RELEASED

FEB 19 2025

Schools Division Office of Panabo City
City Hall Drive, Brgy. JP Laurel, Km 31, Panabo City
Tel. Nos. (084)823 1469, (084) 628 4066
Email: panabocity.division@deped.gov.ph



Enclosure 1: List of Registered Guidance Counselors (RGC) and Guidance advocates in this Division.

Names	
Registered Guidance Counselors (RGC)	
Nenita L. Cardozo RGC, LPT	Panabo City National High School
Sharon Rose O. Cuizon RGC	Antonio O. Floirendo National High School
Jochebed Dizon RGC	Panabo City Senior High School
Juliet D. Raganas RGC, LPT	SDO - CID
Panabo Central District	
Richelle J. Malumbaga	San Vicente ES
Junadette N. Dugang	Dona Nenita ES
Cahanea Flor D. Cirunay	Rizal ES
Farrah D. Seranas	Panabo Central ESSC
Nizzie B. Calderon	Salvacion ES
Cherry May A. Ramos	Gredu ES
Marilyn I. Mondigo	San Francisco ES
Maureen Gotera	San Pedro ES
Charity C. Palapan	Sto. Nino ES
Cecil Bartiquin	Cabili ES
Ritchell D. Cariño	AOF ES II
Panabo North District	
Mary Jean C. Apa-ap	RD Mabitad ES
Mae Jaiah C. Pingot	Dalisay Village ES
Maricel A. Moreno	Sison ES
Arcele A. Uy	Antonio O. Floirendo ES
Junilyn P. Abina	P. Changco ES
Boots J. Lumaad	Tibungol ES
Mira L. Simpliciano	Sindaton ES
Gemma Cabatuan	Valentin Daquio ES
Mary Ann J. Angar	Nanyo ES
Genalyn D. Pagalan	Don Manuel Javellana ES
Desiree R. Osmeria	Roxas ES
Jasette Mamparo	Southern Davao ES
Panabo South District 1	
Deary V. Mendoza	Tagurot ES
Renaldo C. Salvacion	Kiotoy ES
Rosa D. Cabaral	JPLES
Elaine Sajas	Buenavista ES
Shirley G. Alcaid/Veverlyn Sillacay	Katualan ES
Panabo South District 2	
Martha Rose J. Coranea	San Roque Es
Harold Joyce R. Gaviola	Lorenzo T. Concepcion IS
Donna D. Sillan	Glicerio L. Deodoy CES
Elizabeth C. Oquendo	Narciso B. Galapin ES
Martha R. Abureto	Santa Cruz ES
Donna Rose T. Ortiz	Mabunao ES

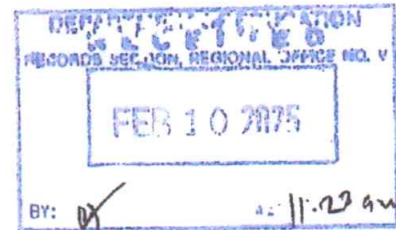


Republika ng Pilipinas

Department of Education

OFFICE OF THE UNDERSECRETARY

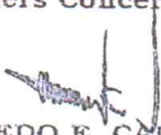
HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT




MEMORANDUM

DM-OUHROD-2025-0176

TO : Regional Directors
Schools Division Superintendents
All Others Concerned

FROM :  WILFREDO E. CABRAL
Undersecretary for Human Resource and
Organizational Development


MALCOLM S. GARMA
Assistant Secretary, Officer-In-Charge
Office of the Undersecretary for Operations

SUBJECT : INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE
OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR
SOCIETY, INC.

DATE : 21 January 2025

The Iota Phi Counseling and Professional Honor Society, Inc. will hold its **38th Annual National Conference** on May 15 to 16, 2025, at the Notre Dame of Dadiangas University, General Santos City.

This year's theme: **"Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing"** is designed to address the need among mental health professionals and advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental wellbeing and cope effectively with life.

DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity subject to the following conditions:

- compliance with the applicable provisions of DepEd Order No. 046, s. 2022 titled the Amendment to DepEd Order No. 43, s. 2022 (*Omnibus Travel Guidelines for All Personnel of the Department of Education*) and Other Appropriate Orders and Guidelines on Travel;
- secure approval from respective authorities;
- participation shall not interfere with regular functions and responsibilities;
- and

25020325
17 FEB 2025

- use of DepEd funds strictly adheres to the usual budgeting, accounting, and auditing rules and regulations.

For more details, please see the attached communication from the Iota Phi.

Copy furnished:

OFFICE OF THE SECRETARY

25020325
17 FEB 2025

IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

Philippine Chapter of
CHI SIGMA IOTA

Counseling Academic and Professional Honor Society International

Email address: iotaphi.counseling@gmail.com

Contact nos. 09674817648/ 09165535548/09127794477

Office Address : Holy Child Colleges of Butuan, 2nd St., Guingona Subdivision, Butuan City, Philippines

**EXECUTIVE BOARD
OFFICERS
2024-2026**

Rosenda A. De Gracia, Ph.D., Ed.D., RGC, LPT
President

Felomino A. Gargar, Ed.D., RGC, RPh,
Diplomate IABMCP,
Fellow PCHA
President-Elect

Maria Emma T. Daga, RGC, LPT
Secretary

Oscar M. Gomez, RGC
Auditor

Wilfredo II Francis F. Mina, PhD,
RGC, RPh
Public Relations Officer

Rodulfo P. Esteves, Ph.D., RGC, RPh,
Diplomate IABMCP,
Fellow PCHA
Faculty Adviser/Treasurer

Lily Rosqueta-Rosales, Ed.D., RGC,
Diplomate IABMCP
Founding President

SPECIAL APPOINTMENTS

Myrna R. Batino, Ph.D., Ed.D., RGC, RPh, LPT,
FRHES
Assistant Secretary

Ricardo Guanzon, MD, Ed.D., Ph.D.,
FPAFP, RGC
Assistant Treasurer

Annabelle M. Singalang, MEd, RGC
Chair, Advocacy & Prof. Dev. Committee

STANDING COMMITTEES

Rosenda A. De Gracia, Ph.D., Ed.D., RGC, LPT
Chair, Program Committee

Rodulfo P. Esteves, Ph.D., RGC, RPh,
Diplomate IABMCP,
Fellow PCHA
Chair, Membership Committee

Myrna R. Batino, Ph.D., Ed.D., RGC, RPh, LPT,
Chair, Research & Public Relations
Committee

Felomino A. Gargar, Ed.D., RGC, RPh,
Diplomate IABMCP,
Fellow PCHA
Chair, International Linkages Committee

Leticia A. Rebillon, Ph.D., RGC
Chair, Awards Committee

December 24, 2024

HONORABLE JUAN EDGARDO "SONNY" M. ANGARA

Secretary of the Department of Education

DepEd Complex, Meralco Avenue, Pasig, City

Dear Honorable Sec. Angara,

Warm Greetings from the IOTA PHI Board!

The IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC., the Philippine Chapter of CHI SIGMA IOTA COUNSELING ACADEMIC AND PROFESSIONAL HONOR SOCIETY INTERNATIONAL based in North Carolina, USA, will be holding its 38th Annual National Conference on May 15-16, 2025, at Notre Dame of Dadiangas University, with the theme, "CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Well being".

The Conference is designed to address the need among guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and mental health advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental well being and cope effectively with life.

The two-day Conference aims to achieve the following objectives:

1. Provide a holistic approach to understanding mental health by emphasizing the inter-relatedness of self-care, social connection and collaborative efforts in promoting mental wellness;
2. Equip participants with knowledge and practical strategies for nurturing their own mental health while fostering supportive environments for others;
3. Facilitate networking among participants to encourage partnerships that contribute to the advancement of mental health services and support systems;
4. Enhance participants skills in handling mental health related problems and issues in the school setting;
5. Challenge participants to take proactive steps toward creating healthier and more resilient environments

25020325
17 FEB 2025

Relative to the above, we would like to request for the issuance of a DepEd Advisory to enable the official participation of licensed guidance counselors and those who are still working on their licenses, including teachers, homeroom advisers, guidance coordinators, principals and supervisors who are interested to attend this Conference that is highly supportive of the new law, RA 12080, otherwise known as the Basic Education Mental Health and Wellbeing Promotion Act.

Attached herewith is a copy of our **Conference Program** with the topics that will be tackled during the Plenary Sessions by our team of highly respected professionals and experts in the field of mental health.

To cover expenses for conference and workshops such as venue rental, honorarium for speakers and workshop facilitators, conference kit, lunch and snacks for two days, as well as other operational costs, a minimal registration fee of four thousand and five hundred pesos (Php4,500.00) will be charged each participant. Registration maybe done online using this link:
<https://bit.ly/IOTA2025Conference>.

For inquiries and reservation, interested participants may contact the IOTA Secretariat via email at iotaphi.counseling@gmail.com , or via mobile phone nos. 09674817648 / 09165535548/ 09127794477.

Again, on behalf of the IOTA PHI Board, I am extending our heartfelt gratitude for your usual support and kind approval of this request.

Sincerely yours,


ROSENDA A. DE GRACIA, Ed. D., Ph.D., RGC, LPT
President, IOTA PHI

25020328
17 FEB 2025

IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY INC.

38th ANNUAL NATIONAL CONFERENCE

Notre Dame of Dadiangas University, General Santos City
May 15-16, 2025

CONFERENCE PROGRAM

1st Day A.M.

- 7:00 - 8:00 - REGISTRATION
- 8:00 - 8:30 - Opening Ceremonies
- 8:30 - 9:30 - Keynote Address
"CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Wellness"
- 9:30- 10:30 - Topic 1
R.A 12080 - Basic Mental Health and Well being Promotion Act
- 10:30-10:45 HEALTH BREAK
- 10:45 -11:45 Topic 2
"Disconnecting to Reconnect (Digital and Social Detox)) : A New Paradigm to Self-Care"
- 11:45-1230 OPEN FORUM

P.M.

- 1:30 -2:30 Topic 3
"Fostering Community Relationships among Counselors to Manage Conflict, and Prevent Burnout and Compassion Fatigue"
- 2:30- 3:30 Topic 4
"Integrated Approach to Manage Counselors with Borderline Personality Issues"
- 3:30 -3:45 HEALTH BREAK
- 3:45- 4:45 Topic 5
"Mindful Self-Compassion: Ways for Self-Acceptance, Build Inner Strength and Live Productive Lives"

25020325
17 FEB 2025

4:45- 5:30 OPEN FORUM

2nd Day
A.M.

7:45- 8:00 - Morning Exercise - "Let's Get Physical"

8:00- 9:00 Topic 1
" **Building Resilience and Healing from Emotional Trauma**"

9:00- 10:00 Topic 2
" **Managing Anxiety Disorders and Depression Using Emotional Freedom Techniques (EFT)**"

10:00-10:15 HEALTH BREAK

10:15-11:15 Topic 3
" **Motivational Interviewing: A Collaborative Process to Support Client Change and Growth**"

11:15- 12:00 OPEN FORUM

P.M.

1:00 -2:00 Topic 4
" **Emerging Approaches to Suicide and Substance Use Prevention**"

2:00 -3:00 Topic 5
" **Building Social Support Networks to Promote Health and Wellness**"

3:00-3:15 HEALTH BREAK

3:15-4:15 Topic 6
" **Wellness Assessment Tools**"

4:15-5:00 OPEN FORUM

5:00-5:30 Closing Ceremonies

25020325
17 FEB 2025