



Republic of the Philippines  
Department of Education  
REGION XI  
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

February 19, 2025

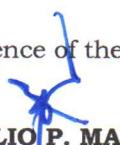
**DIVISION MEMORANDUM**  
No. 0057 s. 2025

**DISSEMINATION OF MEMORANDUM NO. OM-OUOPS-2025-05-00833, S. 2025  
ON THE CONDUCT OF THE 2025 PALARONG PAMBANSA**

To : Assistant Schools Division Superintendent  
Chief ES, Curriculum Implementation Division (CID)  
Chief ES, Schools Governance and Operations Division (SGOD)  
Education Program Supervisors  
Public Schools District Supervisors  
Elementary and Secondary School Heads  
All Concerned

1. Attached is the Regional Memorandum ESSD-2025-045 dated February 10, 2025, from **Allan G. Farnazo, Director IV**, DepED ROXI, re: Dissemination of Memorandum No. OM-OUOPS-2025-05-00833, s. 2025 on the Conduct of the **2025 PALARONG PAMBANSA**. Contents are self-explanatory.
2. However, all concerned are hereby alerted with the modification introduced for Measurable Sports (Swimming, Athletics, and Archery) and its Qualifying Standards (QS), Winner-Take-All policy, and the regularization of Pencak Silat, including the Pole Vault-Secondary Girls.
3. Immediate dissemination of this Memorandum is desired.

For and in the Absence of the Schools Division Superintendent:

  
**BASILIO P. MANA-AY JR. CESO VI**  
Assistant Schools Division Superintendent  
**OFFICER-IN-CHARGED** 

**RELEASED**

CID sports/ jey/ajrrp

**FEB 20 2025**



Schools Division of Panabo City  
City Hall Compound, Panabo City  
Tel. No. (084) 823-1469  
Email: panabocity.division@deped.gov.ph

RECORDS SECTION, SDO PANABO CITY

BY

  
**DepEd Panabo:**  
**Empowering Champions in Education**  
through Journeying, Blending and Fostering commitment in providing quality education, MATATAG for all.



Recd by



Republic of the Philippines

Department of Education

DAVAO REGION

48233

February 10, 2025

REGIONAL MEMORANDUM  
ESSD-2025-045

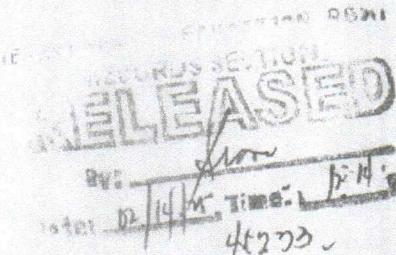
DISSEMINATION OF MEMORANDUM NO. OM-OUOPS-2025-05-00833, S. 2025  
ON THE CONDUCT OF THE 2025 PALARONG PAMBANSA

To: Schools Division Superintendents

1. Pursuant to Memorandum No. OM-OUOPS-2025-05-00833, s. 2025 the Department of Education (DepEd), through the Palarong Pambansa Board and its Secretariat, shall conduct the **2025 Palarong Pambansa** to be held on **May 24 to June 2, 2025** in **Ilocos Norte Province**. Contents are self-explanatory.
2. However, all concerned are hereby alerted with the modification introduced for Measurable Sports (Swimming, Athletics and Archery) and its Qualifying Standards (QS), Winner-Take-All policy, and the regularization of Pencak Silat, including the Pole Vault-Secondary Girls.
3. For more information, contact Alim J. Maguindanao, PDO IV/RSO, ESSD, at [alim.maguindanao@deped.gov.ph](mailto:alim.maguindanao@deped.gov.ph) or (0921) 6994421.
4. Immediate dissemination of this Memorandum to all concerned is desired.

ALLAN G. FARNAZO  
Director IV

RO2/ajm



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Republika ng Pilipinas  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

**MEMORANDUM**  
**OM-OUOPS-2025-*T-20860***

TO : **REGIONAL DIRECTORS  
MINISTER OF BASIC, HIGHER, AND TECHNICAL  
EDUCATION, BARMM  
SCHOOLS DIVISION SUPERINTENDENTS  
REGIONAL SPORTS OFFICERS  
TOURNAMENT DIRECTORS  
ASSISTANT TOURNAMENT DIRECTORS  
ALL OTHERS CONCERNED**

FROM : **MALCOLM S. GARMA**  
*Assistant Secretary, Officer-In-Charge  
Office of the Undersecretary for Operations  
Secretary General, Palarong Pambansa*

SUBJECT : **CONDUCT OF THE 2025 PALARONG PAMBANSA**

DATE : **04 February 2025**

Pursuant to Sections 6, 8, 9, and 10 of Rule II of the Implementing Rules and Regulations (IRR) of the Republic Act (RA) 10588 otherwise known as the *Palarong Pambansa* Act of 2013, the Department of Education (DepEd), through the *Palarong Pambansa* Board and its Secretariat, shall conduct the **2025 Palarong Pambansa** to be held from May 24 to June 02, 2025 in Ilocos Norte Province.

The annual scholastic multi-sport competition shall be hosted by the local government unit (LGU) of Ilocos Norte Province together with DepEd-Region I and the Schools Division Office (SDO) of Ilocos Norte. The event shall be participated by the 17 DepEd regional athletic associations and delegates from the National Academy of Sports (NAS).

The schedule of activities is as follows:

Event/Activity	Date	Venue
Arrival of Delegation		Ilocos Norte
Registration/Simultaneous Orientation of Technical Officials & National Technical Committee Members	May 20, 2025	TBA

Refresher Course	May 21-22, 2025	TBA
Solidarity Meeting	May 23, 2025	TBA
Opening Ceremony	May 24, 2025	Ferdinand E. Marcos Memorial Stadium
<i>Palaro ng Lahi</i>	May 25, 2025	TBA
Exhibition Sports		
Competition Proper	May 26-30, 2025	Playing Venues
Closing Program	May 31, 2025	Ferdinand E. Marcos Memorial Stadium
Departure of Delegation	June 01-02, 2025	

This year's *Palarong Pambansa* shall continue to adopt the **Qualifying Standards** for measurable sports such as Athletics, Swimming, and Archery. However, only the **top 2 qualifiers per region** for Athletics and Swimming and **top 4 qualifiers per region** for Archery shall advance to the *Palarong Pambansa* national competitions. The **gold medalist/s** shall be considered to advance and compete in the national games in cases where there is/are no regional qualifier/s. Enclosed herewith is the **Qualifying Standards for Measurable Sports in the 2025 Palarong Pambansa** for easy reference.

A **Modified Winner-Take-All** policy shall be adopted for all team sports (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball) in this year's *Palarong Pambansa*, pursuant to the provisions of *Palarong Pambansa* Board Ad Referendum Resolution No. 2025-001 entitled *Adoption of the Modified Winner-Take-All Policy for Team Sports in the 2025 Palarong Pambansa*, as follows:

*"WHEREAS, the modified Winner-Take-All policy shall feature the primary essence of the policy which is to form a team represented by the winning school, with its core players consisting of bona fide athletes enrolled in that school, while allowing the inclusion of additional athletes from other schools to strengthen the team and ensure the representation of the best players from the division or region;*

*WHEREAS, the final team roster for all team sports advancing to the division meets, regional meets, and the *Palarong Pambansa* national level shall consist of the core team of twelve (12) to eighteen (18) players from the winning team as determined by the specific requirements of each sport, which must be maintained in its entirety throughout the competition, and up to three (3) additional players who may be selected from other schools/teams within the same district, division, or region, as the case may be, provided that such players have qualified and participated in the lower meets;*

*WHEREAS, the selection of additional players shall be at the discretion of the coach of the winning team, subject to prior consultation with and approval of the respective schools and teams of the additional players;*

provided, however, that the coach of the winning team retains the prerogative to modify the selection of additional players as the team advances to succeeding higher-level meets and/or the Palarong Pambansa;

WHEREAS, these additional players shall be part of the official team roster (e.g., Basketball: 12 core players + up to 3 players from other teams; Football: 18 core players + up to 3 additional players from other teams), thereby superseding the provision in Item No. 13 of DM No. 35, s. 2023, which previously designated the three (3) additional players as mere alternates;

WHEREAS, the coach of the winning team also has the option to select his/her preferred assistant coach as may be applicable, who may come from the winning school or from a different school that participated in the lower meets, provided that the assistant coach meets the eligibility requirements set forth under existing Palarong Pambansa guidelines;

WHEREAS, expenses to be incurred for the participation of additional learner-athletes for the Palarong Pambansa shall be borne by the division and/or regional delegations, subject to the availability of funds therefor."

**Pencak Silat** and **Pole Vault-Secondary Girls (Athletics)** will be featured as a regular sport; **Weightlifting** as a demonstration sport; and **Kickboxing** as an exhibition sport in this year's Palarong Pambansa.

The no disruption of classes policy, as stipulated in DepEd Order No. 09, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*, shall be strictly observed during the conduct of the 2025 Palarong Pambansa competitions.

For more information, all concerned may contact the **Palarong Pambansa Secretariat** at telephone number (02) 8687-4146 or through email address [palarong.pambansa@deped.gov.ph](mailto:palarong.pambansa@deped.gov.ph).

Immediate dissemination of this Memorandum is desired.

QUALIFYING STANDARDS FOR MEASURABLE SPORTS  
IN THE 2025 PALARONG PAMBANSA



ATHLETICS

EVENT	TIME / DISTANCE / HEIGHT			
	ELEM. BOYS	ELEM. GIRLS	SEC. BOYS	SEC. GIRLS
100 m	12.73	14.00	11.48	13.07
200 m	26.14	29.22	23.06	27.83
400 m	58.21	01:04.85	52.59	01:04.00
800 m	02:26.00	02:42.00	02:05.00	02:33.00
1,500 m	04:59.00	05:22.08	04:20.00	05:23.46
3,000 m	N/A	N/A	10:50.00	11:41.39
5,000 m	N/A	N/A	16:50.00	N/A
100 m hurdles	N/A	N/A	N/A	17.08
110 m hurdles	20.05	18.26	16.00	N/A
400 m hurdles	1.12.00	01:19.00	01:00.54	01:10.00
410 m hurdles	N/A	N/A	N/A	N/A
High Jump	1.47 m	1.31	1.75 m	1.44m
Long Jump	5.00 m	4.13	6.11 m	4.95m
Triple Jump	10.16 m	9.67	13.47 m	10.67m
Shot Put	8.77 m	8.20	12.00 m	9.53m
Discus Throw	25.79 m	20.00	35.14 m	25.59m
Javelin Throw	39.40 m	30.00	48.56 m	32.13m
Pole Vault	N/A	N/A	2.80 m	N/A
Walkathon (2,000 m)	N/A	N/A	11:00.00	12:21.93



SWIMMING

- ① Address: Rooms 203-204, 2<sup>nd</sup> Floor, Dormitory D, DepEd Central Office, Meralco Avenue, Pasig City
- ② Telephone No: (02) 8687-4146
- ③ Email Address: [palarong.pambansa@deped.gov.ph](mailto:palarong.pambansa@deped.gov.ph)

EVENT	TIME			
	ELEM. BOYS	ELEM. GIRLS	SEC. BOYS	SEC. GIRLS
400 M Freestyle	05:03.45	05:16.19	04:31.60	05:02.43
100 M Backstroke	01:15.78	01:18.88	01:03.16	01:14.92
200 M Breaststroke		N/A	02:32.03	02:53.19
50 M Butterfly	00:30.79	33.44	00:26.96	00:30.80
800 M Freestyle		N/A	09:40.25	10:53.38
200 M Individual Medley	02:43.35	02:50.29	02:20.31	02:37.47
200 M Butterfly		N/A	02:17.87	02:35.27
100 M Freestyle	01:03.27	01:08.46	00:56.37	01:03.35
50 M Backstroke	00:34.09	00:36.25	00:29.10	00:32.85
400 M Individual Medley		N/A	05:00.06	05:41.16
100 M Butterfly	01:11.73	01:17.01	01:00.92	01:10.40
200 M Freestyle	02:24.58	02:26.97	02:04.76	02:23.24
50 M Breaststroke	00:37.25	00:39.57	00:31.34	00:36.86
1500 M Freestyle		N/A	18:30.00	20:03.55
200 M Backstroke		N/A	02:22.93	2:45.22
100 M Breaststroke	01:22.70	01:27.39	01:09.39	01:21.35
50 M Freestyle	00:29.19	00:31.30	00:25.51	00:28.70



EVENT	QUALIFYING SCORE	
	BOYS	GIRLS
*1440 Round	1142	1078

\*Aggregate score of four (4) distance rounds (30, 50, 60, 70 meter-rounds)