



24-18125

Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM
SGOD-2024-0548

To: Assistant Schools Division Superintendent
Chief of the Schools Governance and Operations Division
Chief of the Curriculum Implementation Division
Principal III, Panabo City Senior High School
Youth Formation Section
School Health Section

Subject: **NAVIGATING WELLNESS: CLUSTERED/ REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH**

Date: October 23, 2024

Attached is Regional Memorandum No. ESSD-2024-471 dated October 16, 2024, re: **Navigating Wellness: Clustered/Regional Symposium on Child and Adolescent Reproductive Health** for Mindanao Cluster, which will be conducted on **November 4-8, 2024 at Davao City** (exact venue to be announced).

The participants to this activity are the following:

| Name | Designation | Office/School |
|-----------------------------|---|-----------------------------------|
| 1. Desiree Loren L. Barabat | Nurse II/ Division ARH Focal/ Trained Focal on Peer Health Navigation (PHN) | SGOD |
| 2. Gladys C. Noel | PDO I/ YFD Focal | SGOD |
| 3. Allyza Jhel M. Cagas | Youth Leader | Panabo City Senior High School |

The student-participant shall secure parent's consent and Authority to Travel prior to the said activity.

Travelling and other incidental expenses shall be charged against the downloaded funds subject to the usual accounting and auditing rules and regulations. The SDO shall augment for any fund shortages.

For your guidance and compliance.


JINKY B. FIRMAN, PhD, CESO VI
Schools Division Superintendent

Enclosed: as stated
SGOD/aba/dllb

RELEASED

OCT 30 2024



Schools Division Office of Panabo City
City Hall Compound, Km 31, Panabo City
Telephone No: (084) 823-1469
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DepEd Panabo:
Empowering Champions in Education
through Journeying, Blending and Fostering commitment in
providing quality education, MATATAG for all.





Republic of the Philippines
Department of Education
DAVAO REGION

24-1746J

October 16, 2024

REGIONAL MEMORANDUM
ESSD-2024-471

**NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM
ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH**

To: Schools Division Superintendents

1. Attached is a memorandum from the Office of the Undersecretary for Operations dated **September 26, 2024**, which is self-explanatory.
2. The Bureau of Learner Support Services – School Health Division (BLSS-SHD) will be conducting an event titled **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health”** for Mindanao Cluster on **November 4-8, 2024**, at **Davao City** (exact venue to be announced), which will equip adolescents with the knowledge and support they need to confidently navigate their reproductive and wellness choices.
3. The identified participants per region are Regional ARH and CSE focals, guidance counselor representative, ARH focals trained on Peer Health Navigation last August 7-9, 2024, selected Schools Division Offices ARH focals with their Youth Formation focals and youth leaders (*see Annex*).
4. Travelling and other incidental expenses shall be charged against downloaded funds subject to the usual accounting and auditing rules and regulations. The SDO is requested to augment any fund shortages.
5. Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO
Director IV

DEPARTMENT OF EDUCATION ROX
RECORDS SECTION
RELEASED

Encl.: As stated

ROE/smtc



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Republic of the Philippines
Department of Education
DAVAO REGION

Annex

**NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD
AND ADOLESCENT REPRODUCTIVE HEALTH**
November 4 – 8, 2024

LIST OF PARTICIPANTS

| Names | Designation | Office/School/SDO |
|--------------------------------|---|--|
| 1. Warlito E. Hua | Chief Education Supervisor/Regional YFD Focal | ESSD |
| 2. Stephen Mark T. Castres | Regional ARH Focal/Trained Focal on PHN | ESSD |
| 3. Danilo R. Dohinog | Regional CSE Focal | CLMD |
| 4. Gabrielle Marie C. Alcoba | TA II - SMHP | ESSD |
| 5. Melecare T. Carillo | RGC Representative | Tagum National Trade School/Tagum City |
| 6. Desiree Loren L. Barabat | ARH Focal/Trained Focal on PHN | Panabo City |
| 7. Arlene Joy C. Sandico | ARH Focal | Davao Occidental |
| 8. Nelson G. Balagtas | YFD Focal | Davao Occidental |
| 9. Eleiz Shein I. Nuñez | Youth Leader | Mariano Peralta NHS/Davao Occidental |
| 10. Felmah Anina B. Elnar | ARH Focal | Davao del Sur |
| 11. Jessie S. Sajol | EPS/YFD Focal | Davao del Sur |
| 12. Dhelmie Christine S. Peñas | ARH Focal | Digos City |
| 13. April Rose A. Alcala | YFD Focal | Digos City |
| 14. Jasmin S. Betinol | ARH Focal | Davao City |
| 15. Judi Rema R. Bagay | YFD Focal | Davao City |
| 16. Cheas E. Pentason | Youth Leader | Bernardo D. Carpio NHS/Davao City |
| 17. Gladys C. Noel | YFD Focal | Panabo City |
| 18. Allyza Jhel M. Cagas | Youth Leader | Panabo City SHS/Panabo City |
| 19. Miriam B. Lilio | ARH Focal | Tagum City |
| 20. Queena Mae L. Traje | YFD Focal | Tagum City |
| 21. Brix Symon R. Diwata | Youth Leader | La Filipina NHS/Tagum City |
| 22. Prince Warlei Josh H. Hua | Youth Leader | Tagum City NHS/Tagum City |
| 23. Catherine P. Cantalejo | ARH Focal | Davao del Norte |
| 24. ... A. Anajao | YFD Focal | Davao del Norte |
| 25. ... M. Amit | ARH Focal | IGACOS |



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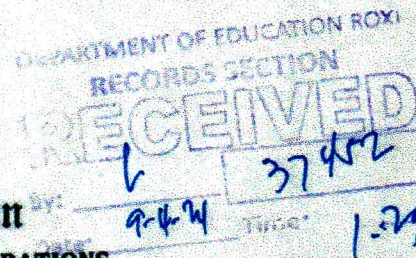
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| 26. Rafaella Sigrid M. Quesada | YFD Focal | IGACOS |
| 27. Princess Lhiane Nichole S. Malagum | Youth Leader | Samal NHS/IGACOS |
| 28. Crystal Crest A. Dawal | ARH Focal | Davao de Oro |
| 29. Margirie M. Asuque | YFD Focal | Davao de Oro |
| 30. Jan Carl Aizel L. Cagalitan | Youth Leader | Pantukan NHS/Davao de Oro |
| 31. Dr. Maria Clotilde Corazon H. Zosa | MO III/ARH Focal/Medical Team Member | Mati City |
| 32. Ana Mae S. Padullon | YFD Focal | Mati City |
| 33. Stephanie L. Dajao | Youth Leader | Davao Oriental Regional Science HS/Mati City |
| 34. Irish Mate M. Arboleda | ARH Focal | Davao Oriental |
| 35. Marielle R. Mendador | YFD Focal | Davao Oriental |

=NOTHING FOLLOWS=




Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS



MEMORANDUM
DM-OUOPS-2024-_-_-

TO : REGIONAL DIRECTORS
MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,
BARM
SCHOOLS DIVISION SUPERINTENDENTS
ESSD AND SGOD CHIEFS
SELECT ARH FOCALS/COORDINATORS
SELECT YOUTH FORMATION COORDINATORS
SELECT SCHOOL HEADS
ALL OTHERS CONCERNED

FROM : 
ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

SUBJECT : NAVIGATING WELLNESS: CLUSTERED/REGIONAL
SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE
HEALTH (ARH)

DATE : August 19, 2024

1. Pursuant to **Republic Act No. 10354** known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, **DepEd Order No. 31, s. 2018** or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and **DM-OUOPS-2024-09-02440** titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: **"Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health."** The schedule is as follows:

| Cluster | Dates | Venue |
|---------|-----------------------|------------------------------------|
| 1 | September 23-27, 2024 | Within Region III (Central Luzon) |
| 2 | October 7-11, 2024 | Within Region VI (Western Visayas) |
| 3 | November 4-8, 2024 | Within Region XI (Davao Region) |

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced



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| | | | |
|----------------|----------|------|--------|
| Doc. Ref. Code | DM-OUOPS | Rev | 01 |
| Effectivity | 03.23.23 | Page | 1 of 2 |



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access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

3. The activity specifically aims to:

- a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
 - b. **Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
 - c. **Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
 - d. **Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
 - e. **Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.
4. The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.
5. Participants per region are the **Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN) last August 7-9, 2024, selected Schools Division Offices (SDO) ARH Focals with their Youth Formation Focals and youth leaders.** The number of participants is listed in **Annex A.** Please secure parents' consent for the learners' participation.
7. Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: <https://rb.gv/oda632>.
8. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.
9. Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.
10. For questions and clarification, please contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at blss.shd@deped.gov.ph, copy furnished arh@deped.gov.ph, or telephone number (02) 8632-9935.

BLSS-SHD/PSR

Annex A
TARGET AND NUMBER OF PARTICIPANTS
Luzon Cluster:

Date: September 23-27, 2024

Venue: Region 3

| REGION | Regional Offices | | Schools Division Offices | | | | | TOTAL Participants |
|--------------|------------------|-----------|--------------------------|----------------------|-----------|-----------|---------------|--------------------|
| | ARH Focal | CSE Focal | RGC Representative | Trained Focal on PHN | ARH Focal | YFD Focal | Youth Leaders | |
| I | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| II | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| III | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| IV-A | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| IV-B | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| V | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| CAR | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| NCR | 1 | 1 | 1 | 2 | 5 | 5 | 10 | 25 |
| TOTAL | 8 | 8 | 8 | 16 | 40 | 40 | 80 | 200 |

Visayas Cluster:

Date: October 7-11, 2024

Venue: Region 6

| REGION | Regional Offices | | Schools Division Offices | | | | | TOTAL Participants |
|--------------|------------------|-----------|--------------------------|----------------------|-----------|-----------|---------------|--------------------|
| | ARH Focal | CSE Focal | RGC Representative | Trained Focal on PHN | ARH Focal | YFD Focal | Youth Leaders | |
| VI | 1 | 1 | 1 | 2 | 21 | 8 | 16 | 50 |
| VII | 1 | 1 | 1 | 2 | 8 | 8 | 16 | 37 |
| VIII | 1 | 1 | 1 | 2 | 8 | 8 | 16 | 37 |
| TOTAL | 3 | 3 | 3 | 6 | 37 | 24 | 48 | 124 |

Mindanao Cluster:

Date: November 4-8, 2024

Venue: Region XI

| REGION | Regional Offices | | RGC Representative | Schools Division Offices | | | | TOTAL Participants |
|---------------|------------------|--------------|--------------------|--------------------------|---------------|---------------|---------------|--------------------|
| | ARH Focal | CSE Focal | | Trained Focal on PHN | ARH Focal | YFD Focal | Youth Leaders | |
| XI | 1 | 1 | 1 | 2 | 8 | 8 | 8 | 29 |
| X | 1 | 1 | 1 | 2 | 14 | 14 | 8 | 41 |
| XI | 1 | 1 | 1 | 2 | 11 | 11 | 8 | 35 |
| XII | 1 | 1 | 1 | 2 | 8 | 8 | 8 | 29 |
| Caraga | 1 | 1 | 1 | 2 | 12 | 12 | 8 | 37 |
| | 1 | 1 | 1 | 0 | 8 | 8 | 8 | 27 |
| | 6 | 6 | 6 | 10 | 61 | 61 | 48 | 198 |



Republic of the Philippines
Department of Education

AUG 15 2024

OFFICE ORDER
OO-OSEC-2024-194

**DESIGNATION OF MR. CESAR S. ABALON AS OFFICER-IN-CHARGE
OF THE BUREAU OF LEARNER SUPPORT SERVICES AND LEARNER
RIGHTS AND PROTECTION OFFICE**

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Division Chiefs
All Others Concerned

1. In view of the official leave of Atty. Suzette T. Gannaban-Medina, Officer-in-Charge (OIC)-Director IV, Bureau of Learner Support Services (BLSS) and Learner Rights and Protection Office (LRPO), and in the exigency of service, **Mr. Cesar S. Abalon**, Chief Education Program Specialist of the BLSS-School Sports Division (SSD), is designated as OIC of the BLSS and LRPO effective August 19-20, 2024 and August 22-23, 2024.

2. As OIC, **Mr. Abalon** shall sign official correspondence in the following manner:

CESAR S. ABALON
Chief Education Program Specialist
Officer-in-Charge, Bureau of Learner Support Services
and Learner Rights and Protection Office

3. Immediate dissemination of this Order is directed.



By Authority of the Secretary:

WILFREDO E. CABRAL
Regional Director
Officer-in-Charge, Office of the Undersecretary
for Human Resource and Organizational Development,
and Administration

MCR, APA, MPC, OO Designation of Mr. Abalon as OIC of BLSS and LRPO
0300 - August 14, 2024

NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)

September 23-27, 2024 / Region III
October 7-11, 2024 / Region VI (Roxas City)
November 4-8, 2024 / Davao, Region XI

Indicative PROGRAM OF ACTIVITIES

| Day 1: Empowerment through Education | | |
|--------------------------------------|--|--|
| Time | Activities | Person Responsible |
| 12:00pm-2:00PM | Registration of participants | Secretariat |
| | LUNCH | |
| 2:00pm-5:00pm | PRELIMINARIES <ul style="list-style-type: none"> • Invocation • National Anthem • Recognition of Participants | Facilitator |
| | Opening Message | Dr. Dexter A. Galban Assistant Secretary for Operations |
| | Inspirational Message | Atty. Revsee A. Escobedo Undersecretary for Operations |
| | <ul style="list-style-type: none"> • Setting of expectations • Program flow • Groupings & House Rules | Facilitator/s |
| | REMINDERS | Emcee |
| Day 2: Health and Wellness Symposium | | |
| Time | Activities | Person Responsible |
| 8:30am-9:00am | Management of Learning (MOL) | Participants |
| 9:00am-9:30am | Keynote Speech: Empowering Adolescents: The Importance of Reproductive Health Education | BLSS-Director |
| 9:30am-10:45am | Session 1: Comprehensive Reproductive Health Education <ul style="list-style-type: none"> • Topics: Puberty, menstrual health, contraception, STI prevention. | Resource Person |
| 10:45am-12:00nn | Session 2: Healthy Relationships and Consent <ul style="list-style-type: none"> - Topics: Understanding consent, recognizing healthy and unhealthy relationship behaviors. | Resource Person |
| 12:00pm- 1:00pm | LUNCH | |

| | | |
|---|---|-----------------------------------|
| 1:00pm-2:30pm | Session 3: Mental Health Awareness <ul style="list-style-type: none"> Topics: Identifying mental health issues, stress management, resilience. Session 4: Holistic Wellness <ul style="list-style-type: none"> Topics: Emotional well-being, physical health, and self-care strategies. | Resource Person |
| 2:30pm-3:30pm | Session 5: Navigating and Accessing Health Services <ul style="list-style-type: none"> Topics: Identifying local resources, navigating healthcare systems. | Resource Person |
| 3:30pm-4:00pm | Session 6: Engaging the Community and Policy Advocacy <ul style="list-style-type: none"> Topics: Building supportive networks, advocating for adolescent health rights. | Resource Person |
| | ***Question and Answer sessions | Facilitators |
| 4:00pm-4:30pm | Recap of key learnings, participant feedback, and plans for continued engagement and advocacy. | Facilitators |
| 4:30pm-5:00pm | REMINDERS | Emcee |
| Day 3: Peer Navigation Training | | |
| Time | Activities | Person Responsible |
| 8:00am-8:30am | Management of Learning (MOL) | Participants |
| 8:30am-12:00pm | Session 6: Role of Peer Navigators Topics: Introduction to Peer Navigation, Essential Skills, Maintaining Confidentiality ***Training Sessions, Skill-Building Exercise | Resource Persons Facilitator/s |
| 12:00pm-1:00pm | LUNCH | |
| 1:00pm-5:00pm | Session 7: Practical Peer Navigation Topics: Case Studies, Problem-Solving, Peer Support Strategies ***Scenario-based learning, Group Activities | Resource Persons Facilitator/s |
| 5:00pm | REMINDERS | Emcee |
| Day 4: Access to Services and Community Engagement | | |

| Time | Activities | Person Responsible |
|----------------|---|--|
| 8:00am-8:30am | Management of Learning (MOL) | Participants |
| 8:30am-12:00nn | Session 8: Navigating Health Services Topics: Identifying Local Resources, Understanding Healthcare Systems, Overcoming Barriers, Community Resources, Building Support Networks ***Interactive Maps, Health and Non-Health Provider Presentations, Question and Answer Sessions | Resource Persons Facilitator/s |
| 12:00pm-1:00pm | LUNCH | |
| 1:00pm-4:30pm | Session 9: Seven Steps in Setting Up School-based Peer Health Navigation Program | |
| 4:30pm-5:00pm | REMINDERS | |
| Day 5 | | |
| 8:00am-8:30am | Management of Learning (MOL) | |
| 8:30am-10:00am | PLANNING WORKSHOP | |
| 10:00am-12nn | Closing Message | Dra. Maria Corazon Dumlao SHD Chief |
| | TRAVEL TIME | |