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Republic of the Philippines  
**Department of Education**  
REGION XI  
**SCHOOLS DIVISION OF PANABO CITY**

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Office of the Schools Division Superintendent

**DIVISION MEMORANDUM**  
**SGOD-2024-0548**

**To:** Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum Implementation Division  
Principal III, Panabo City Senior High School  
Youth Formation Section  
School Health Section

**Subject:** **NAVIGATING WELLNESS: CLUSTERED/ REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH**

**Date:** October 23, 2024

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Attached is Regional Memorandum No. ESSD-2024-471 dated October 16, 2024, re: **Navigating Wellness: Clustered/Regional Symposium on Child and Adolescent Reproductive Health** for Mindanao Cluster, which will be conducted on **November 4-8, 2024 at Davao City** (exact venue to be announced).

The participants to this activity are the following:

Name	Designation	Office/School
1. Desiree Loren L. Barabat	Nurse II/ Division ARH Focal/ Trained Focal on Peer Health Navigation (PHN)	SGOD
2. Gladys C. Noel	PDO I/ YFD Focal	SGOD
3. Allyza Jhel M. Cagas	Youth Leader	Panabo City Senior High School

The student-participant shall secure parent's consent and Authority to Travel prior to the said activity.

Travelling and other incidental expenses shall be charged against the downloaded funds subject to the usual accounting and auditing rules and regulations. The SDO shall augment for any fund shortages.

For your guidance and compliance.

  
**JINKY B. FIRMAN, PhD, CESO VI**  
Schools Division Superintendent

 RELEASED

OCT 30 2024

Enclosed: as stated  
SGOD/aba/dlb

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RECORDS SECTION SDO PANABO CITY

BY



Schools Division Office of Panabo City  
City Hall Compound, Km 31, Panabo City  
Telephone No: (084) 823-1469  
Email: panabocity.division@deped.gov.ph

DepEd Panabo:  
**Empowering Champions in Education**  
CHAMPION  
through Journeying, Blending and Fostering commitment in providing quality education, MATATAG for all.

Rm/s



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Republic of the Philippines  
Department of Education  
DAVAO REGION

24-17665

October 16, 2024

REGIONAL MEMORANDUM  
ESSD-2024-471

NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM  
ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH

To: Schools Division Superintendents

1. Attached is a memorandum from the Office of the Undersecretary for Operations dated **September 26, 2024**, which is self-explanatory.

2. The Bureau of Learner Support Services – School Health Division (BLSS-SHD) will be conducting an event titled **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health”** for Mindanao Cluster on **November 4-8, 2024**, at **Davao City** (exact venue to be announced), which will equip adolescents with the knowledge and support they need to confidently navigate their reproductive and wellness choices.

3. The identified participants per region are Regional ARH and CSE focals, guidance counselor representative, ARH focals trained on Peer Health Navigation last August 7-9, 2024, selected Schools Division Offices ARH focals with their Youth Formation focals and youth leaders (**see Annex**).

4. Travelling and other incidental expenses shall be charged against downloaded funds subject to the usual accounting and auditing rules and regulations. The SDO is requested to augment any fund shortages.

5. Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO  
Director IV

DEPARTMENT OF EDUCATION RO XI  
RECORDS SECTION  
**RELEASED**

Encl.: As stated

By: 08.2024 Time: 1:00 PM

ROE/smtc



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Email Address: [region11@deped.gov.ph](mailto:region11@deped.gov.ph)  
Website: [www.depedroxi.ph](http://www.depedroxi.ph)





Republic of the Philippines  
**Department of Education**  
 DAVAO REGION

Annex

**NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD  
AND ADOLESCENT REPRODUCTIVE HEALTH**  
 November 4 – 8, 2024

**LIST OF PARTICIPANTS**

Names	Designation	Office/School/SDO
1. Warlito E. Hua	Chief Education Supervisor/Regional YFD Focal	ESSD
2. Stephen Mark T. Castres	Regional ARH Focal/ Trained Focal on PHN	ESSD
3. Danilo R. Dohinog	Regional CSE Focal	CLMD
4. Gabrielle Marie C. Alcoba	TA II - SMHP	ESSD
5. Melecare T. Carillo	RGC Representative	Tagum National Trade School/Tagum City
6. Desiree Loren L. Barabat	ARH Focal/Trained Focal on PHN	Panabo City
7. Arlene Joy C. Sandico	ARH Focal	Davao Occidental
8. Nelson G. Balagtas	YFD Focal	Davao Occidental
9. Eleiz Shein I. Nuñez	Youth Leader	Mariano Peralta NHS/ Davao Occidental
10. Felmah Anina B. Einar	ARH Focal	Davao del Sur
11. Jessie S. Sajol	EPS/YFD Focal	Davao del Sur
12. Dhelmie Christine S. Peñas	ARH Focal	Digos City
13. April Rose A. Alcala	YFD Focal	Digos City
14. Jasmin S. Betinol	ARH Focal	Davao City
15. Judi Rema R. Bagay	YFD Focal	Davao City
16. Cheas E. Pentason	Youth Leader	Bernardo D. Carpio NHS/ Davao City
17. Gladys C. Noel	YFD Focal	Panabo City
18. Allyza Jhel M. Cagas	Youth Leader	Panabo City SHS/Panabo City
19. Miriam B. Lilio	ARH Focal	Tagum City
20. Queen Mae L. Traje	YFD Focal	Tagum City
21. Brix Symon R. Diwata	Youth Leader	La Filipina NHS/Tagum City
22. Prince Warlei Josh H. Hua	Youth Leader	Tagum City NHS/Tagum City
23. Catherine P. Cantalejo	ARH Focal	Davao del Norte
24. Eliza A. Anajao	YFD Focal	Davao del Norte
25. M. Amit	ARH Focal	IGACOS





Republic of the Philippines  
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DAVAO REGION

26. Rafaella Sigrid M. Quesada	YFD Focal	IGACOS
27. Princess Lhiane Nichole S. Malagum	Youth Leader	Samal NHS/IGACOS
28. Crystal Crest A. Dawal	ARH Focal	Davao de Oro
29. Margirie M. Asuque	YFD Focal	Davao de Oro
30. Jan Carl Aizel L. Cagalitan	Youth Leader	Pantukan NHS/Davao de Oro
31. Dr. Maria Clotilde Corazon H. Zosa	MO III/ARH Focal/Medical Team Member	Mati City
32. Ana Mae S. Padullon	YFD Focal	Mati City
33. Stephanie L. Dajao	Youth Leader	Davao Oriental Regional Science HS/Mati City
34. Irish Mate M. Arboleda	ARH Focal	Davao Oriental
35. Marielle R. Mendador	YFD Focal	Davao Oriental

=NOTHING FOLLOWS=



DEPARTMENT OF EDUCATION ROXI  
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Republika ng Pilipinas  
Department of Education  
OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM  
DM-OUOPS-2024

TO : REGIONAL DIRECTORS  
MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,  
BARMM  
SCHOOLS DIVISION SUPERINTENDENTS  
ESSD AND SGOD CHIEFS  
SELECT ARH FOCALS/COORDINATORS  
SELECT YOUTH FORMATION COORDINATORS  
SELECT SCHOOL HEADS  
ALL OTHERS CONCERNED

FROM : ATTY. REVSEE A. ESCOBEDO  
Undersecretary for Operations

SUBJECT : NAVIGATING WELLNESS: CLUSTERED/REGIONAL  
SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE  
HEALTH (ARH)

DATE : August 19, 2024

1. Pursuant to Republic Act No. 10354 known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, DepEd Order No. 31, s. 2018 or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and DM-OUOPS-2024-09-02440 titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: "Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health." The schedule is as follows:

Cluster	Dates	Venue
1	September 23-27, 2024	Within Region III (Central Luzon)
2	October 7-11, 2024	Within Region VI (Western Visayas)
3	November 4-8, 2024	Within Region XI (Davao Region)

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced



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access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

3. The activity specifically aims to:

- a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
- b. **Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
- c. **Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
- d. **Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
- e. **Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.

4. The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.

5. Participants per region are the **Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN)** last August 7-9, 2024, **selected Schools Division Offices (SDO) ARH Focals with their Youth Formation Focals and youth leaders.** The number of participants is listed in **Annex A.** Please secure parents' consent for the learners' participation.

7. Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: <https://rb.gov/oda632>.

8. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.

9. Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.

10. For questions and clarification, please contact **Dr. Maria Corazon C. Dumano**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph), copy furnished [arh@deped.gov.ph](mailto:arh@deped.gov.ph), or telephone number (02) 8632-9935.

BLSS-SHD/PSR



**Annex A****TARGET AND NUMBER OF PARTICIPANTS****Luzon Cluster:**

Date: September 23-27, 2024  
 Venue: Region 3

REGION	Regional Offices			Schools Division Offices				TOTAL Participants
	ARH Focal	CSE Focal	RGC Representative	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	
I	1	1	1	2	5	5	10	25
II	1	1	1	2	5	5	10	25
III	1	1	1	2	5	5	10	25
IV-A	1	1	1	2	5	5	10	25
IV-B	1	1	1	2	5	5	10	25
V	1	1	1	2	5	5	10	25
CAR	1	1	1	2	5	5	10	25
NCR	1	1	1	2	5	5	10	25
<b>TOTAL</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>16</b>	<b>40</b>	<b>40</b>	<b>80</b>	<b>200</b>

**Visayas Cluster:**

Date: October 7-11, 2024  
 Venue: Region 6

REGION	Regional Offices			Schools Division Offices				TOTAL Participants
	ARH Focal	CSE Focal	RGC Representative	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	
VI	1	1	1	2	21	8	16	50
VII	1	1	1	2	8	8	16	37
VIII	1	1	1	2	8	8	16	37
<b>TOTAL</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>6</b>	<b>37</b>	<b>24</b>	<b>48</b>	<b>124</b>

**Mindanao Cluster:**

Date: November 4-8, 2024  
 Venue: Region XI

REGION	Regional Offices			Schools Division Offices				TOTAL Participants
	ARH Focal	CSE Focal	RGC Representative	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	
XI	1	1	1	2	8	8	8	29
X	1	1	1	2	14	14	8	41
XI	1	1	1	2	11	11	8	35
XII	1	1	1	2	8	8	8	29
Caraga	1	1	1	2	12	12	8	37
	1	1	1	0	8	8	8	27
	6	6	6	10	61	61	48	198



Republic of the Philippines  
Department of Education

AUG 15 2024

OFFICE ORDER  
OO-OSEC-2024-194

**DESIGNATION OF MR. CESAR S. ABALON AS OFFICER-IN-CHARGE  
OF THE BUREAU OF LEARNER SUPPORT SERVICES AND LEARNER  
RIGHTS AND PROTECTION OFFICE**

To: Undersecretaries  
Assistant Secretaries  
Bureau and Service Directors  
Division Chiefs  
All Others Concerned

1. In view of the official leave of Atty. Suzette T. Gannaban-Medina, Officer-in-Charge (OIC)-Director IV, Bureau of Learner Support Services (BLSS) and Learner Rights and Protection Office (LRPO), and in the exigency of service, **Mr. Cesar S. Abalon**, Chief Education Program Specialist of the BLSS-School Sports Division (SSD), is designated as OIC of the BLSS and LRPO effective August 19-20, 2024 and August 22-23, 2024.
2. As OIC, **Mr. Abalon** shall sign official correspondence in the following manner:

**CESAR S. ABALON**  
Chief Education Program Specialist  
Officer-in-Charge, Bureau of Learner Support Services  
and Learner Rights and Protection Office

3. Immediate dissemination of this Order is directed.

By Authority of the Secretary:



**WILFREDO E. CABRAL**  
Regional Director  
Officer-in-Charge, Office of the Undersecretary  
for Human Resource and Organizational Development,  
and Administration

SICR, APA, MPC, OO Designation of Mr. Abalon as OIC of BLSS and LRPO  
0300 - August 14, 2024



**NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)**

*September 23-27, 2024 / Region III  
October 7-11, 2024 / Region VI (Roxas City)  
November 4-8, 2024 / Davao, Region XI*

**Indicative PROGRAM OF ACTIVITIES**

<b>Day 1: Empowerment through Education</b>		
Time	Activities	Person Responsible
12:00pm-2:00PM	Registration of participants	Secretariat
	LUNCH	
	<b>PRELIMINARIES</b> <ul style="list-style-type: none"> <li>• Invocation</li> <li>• National Anthem</li> <li>• Recognition of Participants</li> </ul>	Facilitator
2:00pm-5:00pm	<b>Opening Message</b> <b>Inspirational Message</b> <ul style="list-style-type: none"> <li>• Setting of expectations</li> <li>• Program flow</li> <li>• Groupings &amp; House Rules</li> </ul>	<b>Dr. Dexter A. Galban</b> Assistant Secretary for Operations <b>Atty. Revsee A. Escobedo</b> Undersecretary for Operations Facilitator/s
	<b>REMINDERS</b>	Emcee
<b>Day 2: Health and Wellness Symposium</b>		
Time	Activities	Person Responsible
8:30am-9:00am	Management of Learning (MOL)	Participants
9:00am-9:30am	<b>Keynote Speech: Empowering Adolescents: The Importance of Reproductive Health Education</b>	BLSS-Director
9:30am-10:45am	<b>Session 1: Comprehensive Reproductive Health Education</b> <ul style="list-style-type: none"> <li>• Topics: Puberty, menstrual health, contraception, STI prevention.</li> </ul>	Resource Person
10:45am-12:00nn	<b>Session 2: Healthy Relationships and Consent</b> <ul style="list-style-type: none"> <li>- Topics: Understanding consent, recognizing healthy and unhealthy relationship behaviors.</li> </ul>	Resource Person
12:00pm-1:00pm	LUNCH	

1:00pm-2:30pm	<p><b>Session 3: Mental Health Awareness</b></p> <ul style="list-style-type: none"> <li>Topics: Identifying mental health issues, stress management, resilience.</li> </ul> <p><b>Session 4: Holistic Wellness</b></p> <ul style="list-style-type: none"> <li>Topics: Emotional well-being, physical health, and self-care strategies.</li> </ul>	Resource Person
2:30pm-3:30pm	<p><b>Session 5: Navigating and Accessing Health Services</b></p> <ul style="list-style-type: none"> <li>Topics: Identifying local resources, navigating healthcare systems.</li> </ul>	Resource Person
3:30pm-4:00pm	<p><b>Session 6: Engaging the Community and Policy Advocacy</b></p> <ul style="list-style-type: none"> <li>Topics: Building supportive networks, advocating for adolescent health rights.</li> </ul>	Resource Person
	***Question and Answer sessions	Facilitators
4:00pm-4:30pm	Recap of key learnings, participant feedback, and plans for continued engagement and advocacy.	Facilitators
4:30pm-5:00pm	REMINDERS	Emcee

#### Day 3: Peer Navigation Training

Time	Activities	Person Responsible
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-12:00pm	<p>Session 6: Role of Peer Navigators</p> <p>Topics: Introduction to Peer Navigation, Essential Skills, Maintaining Confidentiality</p> <p>***Training Sessions, Skill-Building Exercise</p>	Resource Persons Facilitator/s
12:00pm-1:00pm	LUNCH	
1:00pm-5:00pm	<p>Session 7: Practical Peer Navigation</p> <p>Topics: Case Studies, Problem-Solving, Peer Support Strategies</p> <p>***Scenario-based learning, Group Activities</p>	Resource Persons Facilitator/s
5:00pm	REMINDERS	Emcee

#### Day 4: Access to Services and Community Engagement

Time	Activities	Person Responsible
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-12:00nn	<p>Session 8: Navigating Health Services</p> <p>Topics: Identifying Local Resources, Understanding Healthcare Systems, Overcoming Barriers, Community Resources, Building Support Networks</p> <p>***Interactive Maps, Health and Non-Health Provider Presentations, Question and Answer Sessions</p>	Resource Persons Facilitator/s
12:00pm-1:00pm	LUNCH	
1:00pm-4:30pm	Session 9: Seven Steps in Setting Up School-based Peer Health Navigation Program	
4:30pm-5:00pm	REMINDERS	
Day 5		
8:00am-8:30am	Management of Learning (MOL)	
8:30am-10:00am	PLANNING WORKSHOP	
10:00am-12nn	Closing Message	Dra. Maria Corazon Dumlao SHD Chief
	TRAVEL TIME	