



14582

Republic of the Philippines  
Department of Education  
Region XI  
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

**DIVISION ADVISORY  
SGOD 2024-0004**

To : Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum Implementation Division  
Elementary and Secondary School Administrators  
All concerned

Subject: **ADVISORY ON THE POSTGRADUATE COURSE ENTITLED “GENERAL ALPHA AND THE DIGITAL WORLD”**

Date: September 23, 2024

Attached is Regional Memorandum ESSD 2024-393 Re: *Advisory on the Postgraduate Course entitled General Alpha and the Digital World*, contents of which are self-explanatory.

Participation on this activity is voluntary, non-mandatory and on official time only.

For information and guidance.

**JINKY B. FIRMAN, CESO VI**  
Assistant Schools Division Superintendent  
Officer In-Charge  
Office of the Schools Division Superintendent

**RELEASED**

Enclosed as Stated  
SGOD/ABA/ESD

**SEP 24 2024**

RECORDS SECTION, SDO PANABO CITY

BY *[Signature]*

For the SDS  
**AILENE B. AMONUEVO, Ph.D.**  
Chief Education Supervisor, SGOD  
Incharge of the Division

Ready



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24-14582

Republic of the Philippines  
**Department of Education**  
DAVAO REGION

**Office of the Regional Director**

**REGIONAL MEMORANDUM**  
ESSD-2024-393

To : Schools Division Superintendents

Subject: ADVISORY ON THE POSTGRADUATE COURSE ENTITLED "GENERAL ALPHA AND THE DIGITAL WORLD"

Date : September 20, 2024

This is in reference to the attached letter from the Southern Philippines Medical Center Institute of Psychiatry and Behavioral Medicine Child and Adolescent Psychiatry Section dated September 10, 2024, extending invitation to the section's first Postgraduate Course entitled **"Generation Alpha and the Digital World"** on **November 23, 2024 at The Grand Regal Hotel, Lanang, Davao City.**

Participation in this activity is voluntary, non-mandatory and on official time only.

For further inquiries and concerns, contact SPMC-IBPM Child and Adolescent Psychiatry Section via [capsdvo2023@gmail.com](mailto:capsdvo2023@gmail.com) or at 0917-562-1240.

Immediate and wide dissemination of this Memorandum is desired.

**ALLAN G. TARNAZO**  
Director IV

Enclosed: As stated

ROE/gmca

DEPARTMENT OF EDUCATION  
RECORDS SECTION  
**RELEASED**

By: \_\_\_\_\_  
Date: Sept. 20, 2024  
Time: \_\_\_\_\_  
37847



**SOUTHERN PHILIPPINES MEDICAL CENTER  
INSTITUTE OF PSYCHIATRY AND BEHAVIORAL MEDICINE  
CHILD AND ADOLESCENT PSYCHIATRY SECTION**



Organizing committee:

Overall chair  
Marilou Q. Benignos, MD

Scientific committee and program development

Abegail L. Laganao, MD  
Ann Princess G. Nespral, MD  
Christi Annah V. Hipona, MD  
Monique Francesca D. Nufiez-Cagape, MD  
Euriz A. Calmerin, MD

Technical support group:

DMCAP, President  
Gioia Fe D. Ancheta, MD

SPMC-IPBM  
Training Officer  
Aisa Katrina Francisco-Masacupan, MD

Residents

Michael Angelo Yambao, MD  
Al Anthony Tating, MD  
Michael Adam Aquino, MD  
Kent Robert Maravillosa, MD  
Mohammad Hudhafif Alug, MD  
Bebie Queen Tagupa, MD  
Petite Enobio, MD  
Kristleen Rala, MD  
Kimberly Luzon, MD  
James Suarez, MD  
Kenneth Mangadiao, MD  
Mohammad Walley Benasing, MD

capsdvo2023@gmail.com  
09175621240

September 10, 2024

**WARLITO E. HUA**  
**Chief Education Supervisor**  
**Education Support Services Division**  
**Department of Education**

RECORDS  
**RECEIVED**  
By: 37847  
Date: 9-10-24 Time: 12:13

Greetings!

I hope this letter finds you well. On behalf of the **Southern Philippine Medical Center Institute of Psychiatry and Behavioral Medicine Child and Adolescent Psychiatry Section**, in coordination with the **Davao Medical Center Association of Psychiatrists**, we are thrilled to announce the section's first postgraduate course, entitled "**Generation Alpha and the Digital World**." This is scheduled to take place on **November 23, 2024**, from **8:00 am to 3:00 pm** at **The Grand Regal Hotel in Lanang, Davao City**.

The main objective of the course is to create a collective approach in nurturing generation alpha in the digital era based on a biopsychosocial and spiritual model. The course aims to equip participants with necessary tools to promote positive mental health outcomes in parental, medical, and educational settings.

Considering the vital roles played by teachers, psychologists, guidance counselors, and school nurses in fostering the well-being and mental health of students, we extend an invitation to attend. The course will cover a wide range of essential topics in the field, offering valuable insights and practical approaches in dealing with mental health concerns among generation alpha.

To secure seats at the "**Generation Alpha and the Digital World**," please register through the provided link. As seating is limited, we encourage you to register at your earliest convenience to guarantee your participation. **Our registration fees are as follows: early registration at Php 1,700.00 and on-site registration is Php 2,000.00.**

We also extend this invitation to the PPA Training Institution, recognizing the importance of continuous learning and professional development in mental health care. Your participation and support are highly valued in our efforts to address mental health challenges among generation alpha.

Thank you for considering our request for support, and we are looking forward to your positive response. Should you have any questions or require any additional information, please do not hesitate to contact us.

Respectfully,

**MARILOU Q. BENIGNOS, MD, FPPA, FPSCAP**  
Child and Adolescent Psychiatry Section Head  
Chair, Organizing Committee



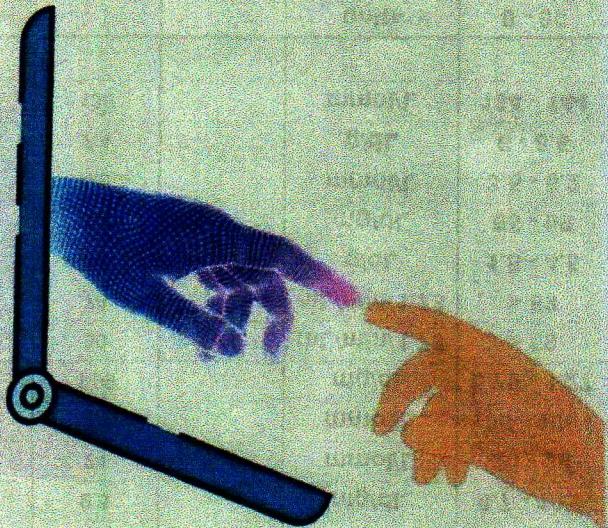
SOUTHERN PHILIPPINES MEDICAL CENTER  
INSTITUTE OF PSYCHIATRY AND BEHAVIORAL MEDICINE  
**CHILD AND ADOLESCENT PSYCHIATRY  
SECTION**

IN ASSOCIATION WITH THE  
DAVAO MEDICAL CENTER ASSOCIATION  
OF PSYCHIATRISTS



# GENERATION ALPHA

AND THE DIGITAL WORLD



DISCOVERING THE HIGHS AND LOWS  
OF DIGITAL NATIVES,  
PROMOTING RESILIENCY AND EXPLORING  
STRATEGIES FOR MENTAL WELLNESS

NOV 23, 2024 | SATURDAY | 8AM TO 3PM  
GRAND REGAL HOTEL, LANANG, DAVAO CITY

CPD UNITS APPLIED



**Southern Philippines Medical Center - Institute of Psychiatry  
and Behavioral Medicine  
Child and Adolescent Psychiatry Section**



**"GENERATION ALPHA AND THE DIGITAL WORLD"**

Time	Program	Speaker
8:00 - 8:30AM	Registration	
8:30 - 9:00 AM	OPENING CEREMONIES	Dr. Mariou Q. Benignos
9:00 - 9:15 AM	Keynote Speaker	Dr. Cornelio G. Banaag Jr
<b>Plenary 1: INTRODUCTION TO THE GENERATION ALPHA</b>		
9:15 - 9:35 AM	Exploring Generation Alpha and their unique challenges, opportunities and characteristics	Dr. Genuina D. Ranoy
9:35 - 9:55 AM	Role of digital technology in shaping the mental health of Generation Alpha	Dr. Vanessa Kathleen B. Cainghug
9:55 - 10:15 AM	OPEN FORUM	Dr. Monique Francesca D. Nuñez-Cagape
<b>Plenary 2: CHALLENGES AMONG GENERATION ALPHA</b>		
10:15 - 10:35 AM	Understanding and Addressing the influence of the Digital world in teaching Strategies for Generation Alpha (traditional, online and open learning)	Charles F. Balinggao Jr.
10:55 - 11:15 AM	Challenges in parenting the wired era	Dr. Abegail L. Laganao
11:15 - 11:35	Common mental health issues among the generation alpha	Dr. Christi Annah V. Hipona
11:35 - 11:55 PM	OPEN FORUM	Dr. Euriz A. Calmerin
11:55 - 1:00 PM	LUNCH SYMPOSIUM	
<b>Plenary 3: INTERDISCIPLINARY APPROACH</b>		
1:00 - 1:20 PM	Psychopharmacology for depression and anxiety for the Generation Alpha	Dr. Ann Princess Grana-Nespral
1:20 - 1:40 PM	Psychosocial Interventions for depression and anxiety Among Generation Alpha	Dr. Ma. Isabel S. Lemen, PhD, RPsych
1:40 - 2:00 PM	Insights and guidance for school counselor in fostering well being amidst the technological challenges in the alpha generation	Miguel P. Dailisan, II RGC ADDU GS
2:00 - 2:20 PM	Spirituality and Generation Alpha	Fr. Juan Antonio H. Nespral, STD
2:20 - 2:40 PM	OPEN FORUM	Dr. Monique Francesca D. Nuñez-Cagape
2:40 - 3:00 PM	CLOSING CEREMONIES	Dr. Abegail L. Laganao
3:00 - 3:15 PM	EVALUATION	