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Republic of the Philippines  
**Department of Education**  
REGION XI  
**SCHOOLS DIVISION OF PANABO CITY**

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Office of the Schools Division Superintendent

DIVISION MEMORANDUM  
SGOD-2024-0412

To: Assistant Schools Division Superintendent  
Chief of the Schools Governance and Operations Division  
Chief of the Curriculum Implementation Division  
Selected Public Secondary School Heads

Subject: **ATTENDANCE TO THE CAPABILITY ENHANCEMENT ACTIVITY FOR PEER SUPPORT**

Date: August 27, 2024

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Attached is the letter from the Office of the Provincial Health Officer, Dr. Alfredo A. Lacerona dated August 21, 2024 re: **Capability Enhancement Activity for Peer Support**, which will be on **August 30, 2024, 8:00am – 5:00pm at Panabo City Teen Tambayan Center for Adolescent's Rights (beside City Health Office), New Pandan, Panabo City.**

This activity aims to develop the skills of student leaders in peer support and navigation that will enable them to help their co-peers. Essential topics that will be covered include **Self-Awareness, Basic Counseling Skills, Stress and Anxiety Management and Self-care for Peer Facilitators.**

Please refer to **Annex A** for the list of participants from selected secondary schools with school-based teen centers. Further, **Ms. Desiree Loren L. Barabat, RN**, Division ARH Focal is hereby instructed to attend the said activity. Furthermore, students are requested to secure parents' consent to be submitted on the day of the activity.

Travel and other incidental expenses relative to the participation to the said activity shall be charged against the Division MOOE Funds/ downloaded funds for subject to the usual accounting and auditing rules and regulations.

For your guidance and compliance.

  
**JINKY B. FIRMAN, PhD, CESO VI**  
Assistant Schools Division Superintendent  
Officer-In-Charge  
Office of the Schools Division Superintendent

Enclosed: as stated  
SGOD/aba/dllb

**RELEASED**

**AUG 28 2024**



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RECORDS SECTION SGOD PANABO CITY



Republic of the Philippines  
**Department of Education**  
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Office of the Schools Division Superintendent  
Annex A

**List of Participants**  
Capability Enhancement Activity for Peer Support  
August 30, 2024  
Panabo City Teen Tambayan Center for Adolescent's Rights

No	Name of Student	School
1	Balloca, Nina	Southern Davao NHS
2	Asna, Krizylgie	Southern Davao NHS
3	Villaren, Angelo	Little Panay NHS
4	Panaguiton, Jerell	Little Panay NHS
5	Jale, Christian Vir	Little Panay NHS
6	Velencio, Mary Jane	Don Manuel NHS
7	Fronteras, Aries Lee	Don Manuel NHS
8	Dunting, Sherylle Mae	Cagangohan NHS
9	Curilan, Joy	Cagangohan NHS
10	Beloy, Syrel	Kauswagan NHS
11	Atuel, Adrian	Kauswagan NHS
12	Domingo, Ronn Jacob	Panabo City NHS
13	Fiel, Angel Mae	Panabo City NHS
14	Dela Pena, Ashele Marry	Panabo City NHS
15	Sumampong, Sharlene	San Vicente NHS
16	Salinas, Audrey	San Vicente NHS
17	Payot, Gilie	San Vicente NHS
18	Janiola, Darling Nicole	Panabo City Senior HS
19	Ciano, Aizelle Gran	Panabo City Senior HS
20	Ponciano, Renejane	Panabo City Senior HS
21	Busto, Blezzy Mae	Quezon NHS
22	Hilot, Gian Hyacinth	Quezon NHS
23	Espinosa, Antonette	Quezon NHS
24	Barete, Shaira Myne	Manay NHS
25	Tutor, Noraine May	Manay NHS



August 21, 2024

2024-08-21

**JINKY B. FIRMAN, Ph. D, CESO VI**  
Schools Division Superintendent  
DepEd Panabo Division

Dear Dr. Firman,

*Greetings of Hope!*

We are pleased to invite your student leaders in an upcoming training event titled **Capability Enhancement Activity for Peer Support**, scheduled to take place on **August 30, 2024**, at the **Panabo City Teen Tambayan Center for Adolescent's Rights**. This event is specifically designed for student leaders in Panabo City, with the goal of equipping them to serve as Peer Supporters and Peer Facilitators within their respective schools.

In today's challenging environment, the mental and emotional well-being of students has become a critical focus. By developing skills in peer counseling and support, student leaders can play a pivotal role in helping your peers navigate these challenges. This training will cover essential topics, including **Self-Awareness, Basic Counseling Skills, Stress and Anxiety Management, and Self-Care for Peer Facilitators**.

We believe that your participation in this event will not only enhance your ability to support your peers but also contribute to a more compassionate and understanding school environment.

We are inviting **25 student leaders** from across Panabo City to join us in this initiative. Your presence and active involvement will be highly valued and appreciated.

Should you have any questions or need further information, please feel free to reach out to **Ms. Christy Carole "Kring" Sanico**, our Provincial Adolescent Health and Youth Development Program Coordinator.

We look forward to your positive response and your active participation in this important initiative.

Truly Yours,

  
ALREDO A. LACERONA, MD