



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF PANABO CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

SGOD-2024-0169

To : Assistant Schools Division Superintendent
Chief ES, Schools Governance and Operations Division
Chief ES, Curriculum and Implementation Division
All Elementary and Secondary School Administrators
All Others Concerned

Subject: **AVAILMENT OF FREE PROGRAMS AND SERVICES OF THE PHILIPPINE MENTAL HEALTH ASSOCIATION, INC. – DAVAO CHAPTER**

Date : March 27, 2024

Attached is the Regional Memorandum No. ESSD-2024-126 dated March 25, 2024 entitled “AVAILMENT OF FREE PROGRAMS AND SERVICES OF THE PHILIPPINE MENTAL HEALTH ASSOCIATION, INC. – DAVAO CHAPTER”.

In line with this, PMHA, Inc. – Davao Chapter will distribute membership tickets to the students (Php 10.00 each) and personnel (Php 300.00). Those who wish to become a member of the chapter voluntarily can avail themselves of free mental health programs and services.

Further, those schools who want to avail the said program, you may contact the Division Mental Health focal, **JOHN CARLO L. CENIZA, RN** at 0921-365-4222 .

For your information and guidance.


JINKY B. FIRMAN PhD, CESO VI
OIC-Schools Division Superintendent

RELEASED

MAR 27 2024

RECORDS SECTION-SDD PANABO CITY
BY 

Enclosed.: As stated.
SGOD/ABA/jcc



Schools Division Office of Panabo City
City Hall Compound, Km 31, Panabo City
Telephone No: (084) 823-1469
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DepEd Panabo:
Empowering Champions in Education
through Journeying, Blending and Fostering commitment in providing quality education, MATATAG for all.



28945



Republic of the Philippines
Department of Education
DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM
ESSD-2024-126

To : Schools Division Superintendents

Subject: AVAILMENT OF FREE PROGRAMS AND SERVICES OF THE
PHILIPPINE MENTAL HEALTH ASSOCIATION, INC. - DAVAO
CHAPTER

Date : March 25, 2024

Attached is a letter from the Philippine Mental Health Association, Incorporated - Davao Chapter dated February 21, 2024, which informs on the delivery of 25 free lectures and seminars on topics related to mental health and suicide prevention to learners, teachers, and non-teaching personnel in different schools of SDOs Davao City and Panabo City for CY 2023 aside from carrying out counselling referrals and other mental health services regionwide.

In line with this, PMHIA, Inc. - Davao Chapter will distribute membership tickets for students (Php 10.00 each) and personnel (Php 300.00 each). Those who wish to become a member of the chapter voluntarily can avail themselves of free mental health programs and services which will be handled by the superb pool of psychiatrists, psychologists, Mental Health professionals, and Resource Speakers.

Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO
Director IV

Enclosed: As stated

ROE/smtc

DEPARTMENT OF EDUCATION - DAVAO REGION
RECORDS SECTION
RELEASED

By: *[Signature]*
Date: Filed: MARCH 26, 2024
28945



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Telephone Nos.: (082) 291-1665; (082) 221-6147
Email Address: region11@deped.gov.ph
Website: www.depedroxi.ph



February 21, 2024

ALLAN G. FARNAZO

Director IV

Office of the Regional Director, Department of Education, Region XI
P. Torres St. Davao City

DEPARTMENT OF EDUCATION - DAVAO
RECORDS SECTION
RECEIVED

BY: [Signature] [Blank Box]
Date: 2.24.24 Time: 2:20pm

291-166

**SUBJECT: FREE MENTAL HEALTH LECTURES, SEMINARS & COUNSELING
REFERRALS FOR DEPED SCHOOLS IN DAVAO
REQUEST FOR THE RENEWAL OF REGIONAL MEMORANDUM**

Dear Sir A. G. Farnazo:

With great pride, we wish to inform your office that the Philippine Mental Health Association Inc. Davao Chapter has delivered a total of 25 FREE Lectures and Seminar on topics related to mental health and suicide prevention to learners, teachers, principals/district supervisors to different DepEd Schools in Davao City (one in Panabo), for the year 2023. Through our lecturers composed of psychologists and trained mental health professionals, we have reached a total estimate of 3500 plus participants, which contributed to our overall total reach of all engagements to 13, 909 [for 2023]. For the record, we are one of the mental health organizations in Davao Region who was able to reach this huge number of engagements for free to different institutions including DepEd.

In order to continue carrying out free lectures, seminars, counseling referrals and other mental health services to DepEd Schools, we wish to request for the renewal of memorandum your office issued last January 30, 2023. In this way, we can further expand our reach and cater particularly learners and teachers in need of mental health services.

For your reference, attached in this letter includes the following

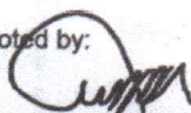
- List of schools who availed free mental health lectures and seminar
- A copy of DepEd Regional Memorandum ESSD 2023-021
- A copy of Division Memorandum No. 0000266 s. 2023

We will furnish your office a copy of our 2023 Accomplishment Report as soon as we complete the printing within the first quarter of 2023. In the said report, we attached documentations and photos of the engagements we did to DepEd Schools who availed our services. We wish this request is worth approving. Thank you.

Sincerely


TEOFILOB S. LIMIKID, MS PSY
Chapter Executive Manager

Noted by:


DOMINADOR A. LOPEZ
Chairperson

224-07-48



**FREE SERVICES OFFERED
 [2023]**

**LIST OF SCHOOLS/ DISTRICTS WHO AVAILD FREE LECTURES, SEMINARS, AND
 TRAININGS ON DIFFERENT TOPICS RELATED TO MENTAL HEALTH PROMOTION
 AND SUICIDE AWARENESS-PREVENTION (2023)**

SUMMARY 2023

MONTH	SCHOOLS/DISTRICTS
January	Manuel Roxas Elementary School, Pob. District
	DepEd Bunawan District DepEd Tibungco District DepEd Central District Magallanes Elementary School
March	Tagakpan Elementary School, Tugbok Philippine Women's College
April	Sto. Nino National High School, Mintal (Batch 1) Sto. Nino National High School, Mintal (Batch 2) Sto. Nino National High School, Mintal (Batch 3) Sto. Nino National High School, Mintal (Batch 4) Sto. Nino National High School, Mintal (Batch 5) Sto. Nino National High School, Mintal (Batch 6) Sto. Nino National High School, Mintal (Batch 7) Tagakpan Elementary School, Tugbok
May	DepEd Health Section Personnel Magallanes Elementary School
June	Paradise Embac National High School
July	DepEd Buhangin District Guidance Associate DepEd Panabo District
August	Echavera Elementary School, Mandug DepEd Buhangin District Amigo School of Calinan Nikke Jin Kai, Calinan Campus
September	St. Francis School of Calinan
October	DepEd Buhangin District Holy Cross of Calinan University of the Immaculate Conception JHS & SHS
November	Pichon Elementary School Andres Bonifacio Elementary School, Talomo Catalunan Pequeno Elementary School Philippine Women's College JHS and SHS
December	F. Bustamante National High School

Note: Complete documentation of these activities will be included to the 2023 Accomplishment Report, a copy of which will be forwarded to your office once printing is completed.